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Peach Pie Filling ♦

A delicious and sweet peach pie filling that can be used as a filling for pies or other desserts. Made with fresh peaches and a blend of spices, this filling is perfect for any peach lover.

Recipe Type: Standard

Prep Time: 20 mins

Cook Time: 30 mins

Total Time: 50 mins

Recipe Yield: 500 grams

Number of Servings: 10

Serving Size: 50 g

Ingredients

500 g	peaches
200 g	sugar
30 g	cornstarch
2 tsp	lemon juice
1 tsp	cinnamon

0.5 tsp nutmeg

1 tsp vanilla extract

Directions

Step 1

Cut

Peel and slice the peaches.

Prep Time: 10 mins

Cook Time: 0 mins

Step 2

Stove

In a saucepan, combine the peaches, sugar, cornstarch, lemon juice, cinnamon, nutmeg, and vanilla extract.

Prep Time: 5 mins

Cook Time: 20 mins

Step 3

Stove

Cook over medium heat, stirring constantly, until the mixture thickens and the peaches are tender.

Prep Time: 0 mins

Cook Time: 10 mins

Step 4

Remove from heat and let cool before using as a filling for pies or other desserts.

Prep Time: 5 mins

Cook Time: 0 mins

Nutrition Facts

Calories: 100 kcal

Fat: 0 g

Protein: 1 g

Carbohydrates: 26 g

Nutrition Facts

Proteins

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
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Protein	1 g	5.88%	5.88%
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Carbohydrates

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Carbohydrates	26 g	47.27%	52%
Fibers	2 g	5.26%	8%
Sugars	22 g	N/A	N/A
Lactose	0 g	N/A	N/A

Fats

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Monounsaturated Fat	0 g	N/A	N/A
Saturated Fat	0 g	0%	0%
Fat	0 g	0%	0%
Cholesterol	0 mg	N/A	N/A

Vitamins

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Vitamin A	10 iu	1.11%	1.43%
Vitamin C	10 mg	11.11%	13.33%

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Vitamin B6	0 mg	0%	0%
Vitamin B12	0 mcg	0%	0%
Vitamin E	0 mg	0%	0%
Vitamin D	0 mcg	0%	0%

Minerals

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Sodium	0 mg	0%	0%
Calcium	0 mg	0%	0%
Iron	2 mg	25%	11.11%
Potassium	0 mg	0%	0%
Zinc	0 mg	0%	0%
Selenium	0 mcg	0%	0%

Recipe Attributes

Seasonality

Summer Fall

Events

Christmas Easter Thanksgiving Birthday Wedding Halloween
Valentine's Day Mother's Day Father's Day New Year Anniversary

Baby Shower

Bridal Shower

Graduation

Back to School

Barbecue

Picnic

Game Day

Meal Type

Lunch

Dinner

Snack

Difficulty Level

Easy

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