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Marshmallow Crème ^{••}

Marshmallow Crème is a sweet and fluffy spread that is commonly used as a topping for desserts such as ice cream, cakes, and hot chocolate. It is made from sugar, corn syrup, and egg whites, whipped together to create a light and airy texture. Marshmallow Crème has a rich history and is enjoyed by people of all ages.

Recipe Type: Standard

Prep Time: 10 mins

Cook Time: N/A

Total Time: 10 mins

Recipe Yield: 500 grams

Number of Servings: 50

Serving Size: 10 g

Ingredients

300 g	Granulated Sugar
200 g	corn syrup
100 g	Egg whites
2 tsp	vanilla extract
1 tsp	salt

Directions

Step 1

Mixing

In a large mixing bowl, combine the sugar, corn syrup, egg whites, vanilla extract, and salt.

Prep Time: 5 mins

Cook Time: 0 mins

Step 2

Mixer

Using an electric mixer, beat the mixture on high speed for 5 minutes or until light and fluffy.

Prep Time: 0 mins

Cook Time: 0 mins

Step 3

Refrigerating

Transfer the Marshmallow Crème to a jar or airtight container and store in the refrigerator for up to 2 weeks.

Prep Time: 0 mins

Cook Time: 0 mins

Nutrition Facts

Calories: 50 kcal

Fat: 0 g

Protein: 0 g

Carbohydrates: 13 g

Nutrition Facts

Proteins

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Protein	0 g	0%	0%

Carbohydrates

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Carbohydrates	13 g	23.64%	26%
Fibers	0 g	0%	0%
Sugars	13 g	N/A	N/A
Lactose	0 g	N/A	N/A

Fats

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Monounsaturated Fat	0 g	N/A	N/A
Saturated Fat	0 g	0%	0%
Fat	0 g	0%	0%
Cholesterol	0 mg	N/A	N/A

Vitamins

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Vitamin A	0 iu	0%	0%
Vitamin C	0 mg	0%	0%
Vitamin B6	0 mg	0%	0%
Vitamin B12	0 mcg	0%	0%
Vitamin E	0 mg	0%	0%
Vitamin D	0 mcg	0%	0%

Minerals

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Sodium	10 mg	0.43%	0.43%
Calcium	0 mg	0%	0%

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Iron	0 mg	0%	0%
Potassium	0 mg	0%	0%
Zinc	0 mg	0%	0%
Selenium	0 mcg	0%	0%

Recipe Attributes

Events

Christmas

Course

Desserts

Breads

Snacks

Cultural

Chinese New Year

Cost

Under \$10

Demographics

Kids Friendly

Teen Friendly

Lactation Friendly

Allergy Friendly

Diabetic Friendly

Heart Healthy

Diet

The Whole30 Diet

Vegetarian Diet

Pescatarian Diet

Lacto-Ovo Vegetarian Diet

The F-Plan Diet

The Low-Vitamin K Diet

The Winter Warming Diet

The Gallbladder Diet

Meal Type

Snack

Supper

Difficulty Level

Easy

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