

All Recipes

Al Recipe Builder

Similar Recipes

Chocolate Chip Cookies **

A classic cookie recipe loved by everyone. These chocolate chip cookies are soft, chewy, and full of chocolatey goodness.

Recipe Type: Standard	Prep Time: 15 mins
Cook Time: 10 mins	Total Time: 25 mins
Recipe Yield: 500 grams	Number of Servings: 20
Serving Size: 25 g	

Ingredients

200 g	butter
200 g	sugar
150 g	brown sugar
2 units	Eggs
2 tsp	vanilla extract
300 g	all-purpose flour

1 tsp	baking soda	
0.5 tsp	salt	
300 g	chocolate chips	

Directions

Step 1

Preheating

Preheat the oven to 350°F (175°C).

Prep Time: 5 mins

Cook Time: 0 mins

Step 2

Mixing

In a large mixing bowl, cream together the butter, sugar, and brown sugar until light and fluffy.

Prep Time: 5 mins

Cook Time: 0 mins

Step 3

Mixing

Beat in the eggs one at a time, then stir in the vanilla extract.

Prep Time: 2 mins

Cook Time: 0 mins

Step 4



In a separate bowl, combine the all-purpose flour, baking soda, and salt. Gradually add the dry ingredients to the wet ingredients and mix until just combined.

Prep Time: 5 mins

Cook Time: 0 mins

Step 5

Mixing

Fold in the chocolate chips.

Prep Time: 2 mins

Cook Time: 0 mins

Step 6

Baking

Drop rounded tablespoons of dough onto ungreased baking sheets.

Prep Time: 2 mins

Cook Time: 10 mins

Step 7

Baking

Bake for 8-10 minutes, or until golden brown. Allow cookies to cool on baking sheets for 5 minutes before transferring to wire racks to cool completely.

Prep Time: 0 mins

Cook Time: 10 mins

Nutrition Facts

Calories: 150 kcal

Fat: 12 g

Protein: 2g

Carbohydrates: 30 g

Nutrition Facts

Proteins

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Protein	2 g	11.76%	11.76%

Carbohydrates

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Carbohydrates	30 g	54.55%	60%
Fibers	1 g	2.63%	4%
Sugars	20 g	N/A	N/A
Lactose	0 g	N/A	N/A

Fats

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)	
Monounsaturated Fat	4 g	N/A	N/A	
Saturated Fat	6 g	27.27%	35.29%	
Fat	12 g	42.86%	48%	
Cholesterol	30 mg	N/A	N/A	

Vitamins

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Vitamin A	2 iu	0.22%	0.29%
Vitamin C	0 mg	0%	0%
Vitamin B6	0 mg	0%	0%
Vitamin B12	0 mcg	0%	0%

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Vitamin E	2 mg	13.33%	13.33%
Vitamin D	0 mcg	0%	0%

Minerals

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Sodium	150 mg	6.52%	6.52%
Calcium	1 mg 0.1%		0.1%
Iron	6 mg	75%	33.33%
Potassium	50 mg	1.47%	1.92%
Zinc	2 mg	18.18%	25%
Selenium	2 mcg	3.64%	3.64%

Recipe Attributes

Events							
Christmas	The	ınksgivin	g Hallowe	en	Valentin	ne's Day	New Year
Back to Sch	ool	Barbec	ue Picnic	G	ame Day		
Cuisines							
Italian Cl	hines	e Mexi	ican				
Nutritiona		ntent					
Nutritiona		mem					
High Proteir	h L	ow Fat	Low Carb				

Course					
Appetizers	Desserts	Breads	Snacks	Sauces & Dressings	
Meal Type Brunch Sr	nack Supp	ber			
Difficulty I	Level				
Easy					

Visit our website: <u>healthdor.com</u>