



Healthdor

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## Hazelnut Iced Coffee ♦♦

A refreshing and delicious iced coffee drink made with hazelnut flavoring.

**Recipe Type:** Standard

**Prep Time:** 10 mins

**Cook Time:** N/A

**Total Time:** 10 mins

**Recipe Yield:** 500 grams

**Number of Servings:** 2

**Serving Size:** 250 g

### Ingredients

2 c	Coffee
1 c	milk
4 tbsp	hazelnut syrup
2 c	ice cubes

### Directions

## Step 1

Brew 2 cups of coffee and let it cool.

**Prep Time:** 5 mins

**Cook Time:** 0 mins

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## Step 2

Blender

In a blender, combine the coffee, milk, hazelnut syrup, and ice cubes.

**Prep Time:** 2 mins

**Cook Time:** 0 mins

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## Step 3

Blender

Blend until smooth and frothy.

**Prep Time:** 2 mins

**Cook Time:** 0 mins

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## Step 4

Pour into glasses and serve chilled.

**Prep Time:** 1 mins

**Cook Time:** 0 mins

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## Nutrition Facts

Calories: 100 kcal

Fat: 0 g

Protein: 1 g

Carbohydrates: 25 g

## Nutrition Facts

### Proteins

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Protein	1 g	5.88%	5.88%

### Carbohydrates

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Carbohydrates	25 g	45.45%	50%
Fibers	0 g	0%	0%
Sugars	20 g	N/A	N/A
Lactose	0 g	N/A	N/A

## Fats

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Monounsaturated Fat	0 g	N/A	N/A
Saturated Fat	0 g	0%	0%
Fat	0 g	0%	0%
Cholesterol	0 mg	N/A	N/A

## Vitamins

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Vitamin A	2 iu	0.22%	0.29%
Vitamin C	0 mg	0%	0%
Vitamin B6	0 mg	0%	0%
Vitamin B12	0 mcg	0%	0%
Vitamin E	0 mg	0%	0%
Vitamin D	0 mcg	0%	0%

## Minerals

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Sodium	50 mg	2.17%	2.17%
Calcium	10 mg	1%	1%

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Iron	0 mg	0%	0%
Potassium	0 mg	0%	0%
Zinc	0 mg	0%	0%
Selenium	0 mcg	0%	0%

## Recipe Attributes

### Seasonality

Summer

### Events

Christmas

Barbecue

### Course

Drinks

Salads

Sauces & Dressings

### Cultural

Chinese New Year

Halloween

### Cost

Under \$10

### Demographics

Kids Friendly

Teen Friendly

### Diet

Flexitarian Diet

Vegetarian Diet

Pescatarian Diet

Ovo-Vegetarian Diet

Ayurvedic Diet

Low Glycemic Index Diet

The Gerson Therapy

The Best Life Diet

The 3-Day Diet

### Meal Type

Brunch

Snack

Supper

### Difficulty Level

Easy

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