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## Large Oreo Cheesecake Malt ♦♦

A delicious and indulgent dessert drink made with Oreo cookies, cream cheese, and malt powder. This malt is a creamy and rich treat that is perfect for satisfying your sweet tooth.

**Recipe Type:** Standard

**Prep Time:** 10 mins

**Cook Time:** N/A

**Total Time:** 10 mins

**Recipe Yield:** 500 grams

**Number of Servings:** 2

**Serving Size:** 250 g

### Ingredients

200 g	Oreo cookies
200 g	cream cheese
50 g	malt powder
500 ml	Milk
300 g	ice cream

## Directions

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### Step 1

Crush the Oreo cookies into fine crumbs.

**Prep Time:** 5 mins

**Cook Time:** 0 mins

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### Step 2

Blender

In a blender, combine the crushed Oreo cookies, cream cheese, malt powder, milk, and ice cream. Blend until smooth and creamy.

**Prep Time:** 5 mins

**Cook Time:** 0 mins

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### Step 3

Pour the mixture into glasses and serve chilled.

**Prep Time:** 0 mins

**Cook Time:** 0 mins

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## Nutrition Facts

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**Calories:** 800 kcal

**Fat:** 50 g

**Protein:** 10 g

**Carbohydrates:** 70 g

## Nutrition Facts

### Proteins

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Protein	10 g	58.82%	58.82%

### Carbohydrates

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Carbohydrates	70 g	127.27%	140%
Fibers	2 g	5.26%	8%
Sugars	50 g	N/A	N/A
Lactose	0 g	N/A	N/A

### Fats

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Monounsaturated Fat	10 g	N/A	N/A
Saturated Fat	30 g	136.36%	176.47%
Fat	50 g	178.57%	200%
Cholesterol	100 mg	N/A	N/A

## Vitamins

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Vitamin A	500 iu	55.56%	71.43%
Vitamin C	0 mg	0%	0%
Vitamin B6	0 mg	0%	0%
Vitamin B12	1 mcg	41.67%	41.67%
Vitamin E	2 mg	13.33%	13.33%
Vitamin D	0 mcg	0%	0%

## Minerals

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Sodium	400 mg	17.39%	17.39%
Calcium	200 mg	20%	20%
Iron	2 mg	25%	11.11%

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Potassium	300 mg	8.82%	11.54%
Zinc	1 mg	9.09%	12.5%
Selenium	10 mcg	18.18%	18.18%

## Recipe Attributes

### Events

Christmas Easter Barbecue

### Course

Desserts Drinks Salads Sauces & Dressings

### Cultural

Chinese New Year

### Cost

Under \$10

### Demographics

Kids Friendly Teen Friendly Allergy Friendly Heart Healthy

### Diet

MIND Diet (Mediterranean-DASH Diet Intervention for Neurodegenerative Delay)

Vegetarian Diet Vegan Diet Pescatarian Diet Lacto-Vegetarian Diet

Lacto-Ovo Vegetarian Diet Fruitarian Diet

### Meal Type

Brunch Snack Supper

## Difficulty Level

Easy

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