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# Mini Cheesecake Malt \*\*

A delicious mini cheesecake malt recipe that combines the creamy goodness of cheesecake with the classic malt flavor. Perfect for dessert or a sweet treat.

Recipe Type: Standard Prep Time: 15 mins

Cook Time: N/A Total Time: 15 mins

Recipe Yield: 500 grams Number of Servings: 4

Serving Size: 125 g

# **Ingredients**

200 g	cream cheese
400 ml	milk
50 g	Sugar
1 tsp	Vanilla Extract
2 tbsp	malt powder
100 g	whipped cream

pieces

## **Directions**

#### Step 1

Blender

In a blender, combine cream cheese, milk, sugar, vanilla extract, and malt powder.

Prep Time: 5 mins

Cook Time: 0 mins

#### Step 2

Blender

Blend until smooth and creamy.

Prep Time: 2 mins

Cook Time: 0 mins

### Step 3

Pour into glasses and top with whipped cream.

Prep Time: 2 mins

Cook Time: 0 mins

#### Step 4

Garnish with a maraschino cherry.

Prep Time: 1 mins

Cook Time: 0 mins

## **Nutrition Facts**

Calories: 300 kcal

**Fat:** 15 g

Protein: 5 g

Carbohydrates: 30 g

# **Nutrition Facts**

#### **Proteins**

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Protein	5 g	29.41%	29.41%

### **Carbohydrates**

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Carbohydrates	30 g	54.55%	60%
Fibers	1 g	2.63%	4%
Sugars	25 g	N/A	N/A
Lactose	0 g	N/A	N/A

#### **Fats**

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Monounsaturated Fat	5 g	N/A	N/A
Saturated Fat	10 g	45.45%	58.82%
Fat	15 g	53.57%	60%
Cholesterol	30 mg	N/A	N/A

### **Vitamins**

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Vitamin A	200 iu	22.22%	28.57%
Vitamin C	0 mg	0%	0%
Vitamin B6	0 mg	0%	0%
Vitamin B12	0 mcg	0%	0%
Vitamin E	0 mg	0%	0%

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Vitamin D	0 mcg	0%	0%

#### **Minerals**

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Sodium	100 mg	4.35%	4.35%
Calcium	100 mg	10%	10%
Iron	1 mg	12.5%	5.56%
Potassium	50 mg	1.47%	1.92%
Zinc	0 mg	0%	0%
Selenium	0 mcg	0%	0%

# **Recipe Attributes**

Events

Christmas Easter Birthday Back to School Picnic Game Day

Course

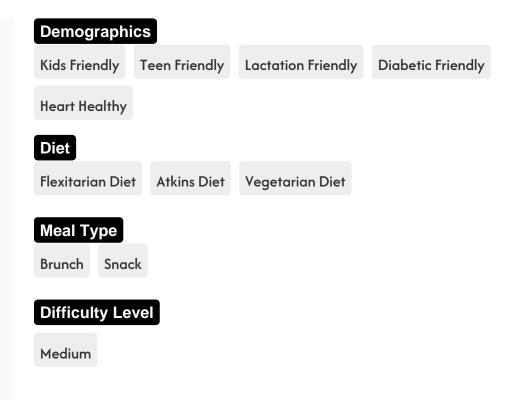
Desserts Drinks Breads Snacks

Cultural

Chinese New Year

Cost

Under \$10



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