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Chocolate Iced Bar Donut ♦

A delicious chocolate donut with icing on top. Perfect for breakfast or a snack.

Recipe Type: Standard

Prep Time: 20 mins

Cook Time: 15 mins

Total Time: 35 mins

Recipe Yield: 200 grams

Number of Servings: 10

Serving Size: 20 g

Ingredients

250 g	All-Purpose Flour
50 g	Sugar
25 g	Cocoa Powder
10 g	Baking Powder
2 g	Salt
250 ml	Milk

1 quantity	Egg
50 g	Butter
1 tsp	Vanilla Extract
100 g	Powdered Sugar

Directions

Step 1

Mixing

In a mixing bowl, combine flour, sugar, cocoa powder, baking powder, and salt.

Prep Time: 5 mins

Cook Time: 0 mins

Step 2

Mixing

Add milk, egg, melted butter, and vanilla extract to the dry ingredients. Mix until well combined.

Prep Time: 5 mins

Cook Time: 0 mins

Step 3

Baking

Pour the batter into a greased baking pan and spread evenly.

Prep Time: 2 mins

Cook Time: 15 mins

Step 4

Cooling

Allow the donut to cool completely.

Prep Time: 0 mins

Cook Time: 0 mins

Step 5

Mixing

In a separate bowl, mix powdered sugar and water to make the icing.

Prep Time: 2 mins

Cook Time: 0 mins

Step 6

Spreading

Spread the icing over the cooled donut.

Prep Time: 1 mins

Cook Time: 0 mins

Nutrition Facts

Calories: 200 kcal

Fat: 6 g

Protein: 4 g

Carbohydrates: 32 g

Nutrition Facts

Proteins

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Protein	4 g	23.53%	23.53%

Carbohydrates

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Carbohydrates	32 g	58.18%	64%
Fibers	2 g	5.26%	8%
Sugars	15 g	N/A	N/A
Lactose	0 g	N/A	N/A

Fats

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Monounsaturated Fat	2 g	N/A	N/A
Saturated Fat	3 g	13.64%	17.65%
Fat	6 g	21.43%	24%
Cholesterol	30 mg	N/A	N/A

Vitamins

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Vitamin A	2 iu	0.22%	0.29%
Vitamin C	0 mg	0%	0%
Vitamin B6	0 mg	0%	0%
Vitamin B12	2 mcg	83.33%	83.33%
Vitamin E	2 mg	13.33%	13.33%
Vitamin D	0 mcg	0%	0%

Minerals

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Sodium	150 mg	6.52%	6.52%
Calcium	8 mg	0.8%	0.8%

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Iron	10 mg	125%	55.56%
Potassium	100 mg	2.94%	3.85%
Zinc	4 mg	36.36%	50%
Selenium	8 mcg	14.55%	14.55%

Recipe Attributes

Events

Christmas

Easter

Halloween

Valentine's Day

Back to School

Picnic

Game Day

Cuisines

Italian

Course

Desserts

Breads

Snacks

Cultural

Halloween

Cost

\$10 to \$20

Demographics

Kids Friendly

Teen Friendly

Diabetic Friendly

Diet

Vegan Diet

Pescatarian Diet

Ovo-Vegetarian Diet

Lacto-Ovo Vegetarian Diet

Meal Type

Breakfast

Lunch

Snack

Difficulty Level

Easy

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