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Roundup Thin Crust Pizza*

Roundup Thin Crust Pizza is a delicious and crispy pizza made with a thin crust. It is a popular choice for pizza lovers who enjoy a lighter and less doughy crust. The pizza is topped with a variety of fresh and flavorful ingredients, making it a perfect option for a quick and satisfying meal.

Recipe Type: Standard Prep Time: 20 mins

Cook Time: 15 mins Total Time: 35 mins

Recipe Yield: 800 grams Number of Servings: 4

Serving Size: 200 g

Ingredients

300 g	Pizza Dough
200 g	pizza sauce
200 g	Mozzarella Cheese
100 g	Pepperoni
100 g	Bell peppers

100 g	Onions
100 g	Mushrooms
30 g	olive oil
5 g	salt
2 g	black pepper

Directions

Step 1



Preheat the oven to 450°F (230°C).

Prep Time: 5 mins

Cook Time: 0 mins

Step 2

Roll out the pizza dough into a thin crust.

Prep Time: 10 mins

Cook Time: 0 mins

Step 3

Spread the pizza sauce evenly over the dough.

Prep Time: 2 mins

Cook Time: 0 mins

Step 4

Sprinkle the mozzarella cheese over the sauce.

Prep Time: 2 mins

Cook Time: 0 mins

Step 5

Top with pepperoni, bell peppers, onions, and mushrooms.

Prep Time: 5 mins

Cook Time: 0 mins

Step 6

Drizzle olive oil over the toppings and season with salt and black pepper.

Prep Time: 2 mins

Cook Time: 0 mins

Step 7



Bake in the preheated oven for 12-15 minutes, or until the crust is golden and the cheese is melted and bubbly.

Prep Time: 0 mins

Cook Time: 15 mins

Step 8

Remove from the oven and let it cool for a few minutes before serving.

Prep Time: 0 mins

Cook Time: 0 mins

Nutrition Facts

Calories: 250 kcal

Fat: 12 g

Protein: 10 g

Carbohydrates: 25 g

Nutrition Facts

Proteins

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
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Protein	10 g	58.82%	58.82%	

Carbohydrates

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Carbohydrates	25 g	45.45%	50%
Fibers	2 g	5.26%	8%
Sugars	2 g	N/A	N/A
Lactose	0 g	N/A	N/A

Fats

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Monounsaturated Fat	4 g	N/A	N/A
Saturated Fat	6 g	27.27%	35.29%
Fat	12 g	42.86%	48%
Cholesterol	20 mg	N/A	N/A

Vitamins

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Vitamin A	10 iu	1.11%	1.43%
Vitamin C	20 mg	22.22%	26.67%

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Vitamin B6	0 mg	0%	0%
Vitamin B12	1 mcg	41.67%	41.67%
Vitamin E	2 mg	13.33%	13.33%
Vitamin D	0 mcg	0%	0%

Minerals

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Sodium	500 mg	21.74%	21.74%
Calcium	20 mg	2%	2%
Iron	10 mg	125%	55.56%
Potassium	200 mg	5.88%	7.69%
Zinc	1 mg	9.09%	12.5%
Selenium	10 mcg	18.18%	18.18%

Recipe Attributes

Cuisines

Italian French Mediterranean Middle Eastern

Kitchen Tools

Slow Cooker Blender

Nutritional Content



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