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# Original Crust, Pepperoni & Sausage Pizza (Large 14")

This recipe is for a classic pepperoni and sausage pizza with an original crust. It is a popular choice for pizza lovers and is perfect for a casual dinner or a gathering with friends.

Recipe Type: Standard Prep Time: 20 mins

Cook Time: 15 mins Total Time: 35 mins

Recipe Yield: 1000 grams Number of Servings: 8

Serving Size: 125 g

# Ingredients

| 500 g | Pizza Dough       |
|-------|-------------------|
| 250 g | pizza sauce       |
| 300 g | Mozzarella Cheese |
| 150 g | pepperoni slices  |

| 150 g | Italian Sausage |
|-------|-----------------|
| 2 tsp | Oregano         |
| 1 tsp | Garlic powder   |
| 1 tsp | Salt            |

# **Directions**

# Step 1

#### Preheating

Preheat the oven to 450°F (230°C).

Prep Time: 5 mins

Cook Time: 0 mins

# Step 2

#### Rolling

Roll out the pizza dough on a floured surface to fit a 14-inch pizza pan.

Prep Time: 10 mins

Cook Time: 0 mins

# Step 3

**Pressing** 

Transfer the dough to the pizza pan and press it evenly into the pan.

Prep Time: 5 mins

Cook Time: 0 mins

#### Step 4

#### Spreading

Spread the pizza sauce evenly over the dough.

Prep Time: 2 mins

Cook Time: 0 mins

#### Step 5

# Sprinkling

Sprinkle half of the mozzarella cheese over the sauce.

Prep Time: 2 mins

Cook Time: 0 mins

# Step 6

#### Arranging

Arrange the pepperoni slices and Italian sausage over the cheese.

Prep Time: 5 mins

Cook Time: 10 mins

#### Step 7

#### Sprinkling

Sprinkle the remaining mozzarella cheese over the toppings.

Prep Time: 2 mins

Cook Time: 0 mins

#### Step 8

#### Sprinkling

Sprinkle oregano, garlic powder, and salt over the cheese.

Prep Time: 2 mins

Cook Time: 0 mins

### Step 9

#### Baking

Bake the pizza in the preheated oven for 12-15 minutes, or until the crust is golden and the cheese is melted and bubbly.

Prep Time: 0 mins

Cook Time: 15 mins

### Step 10

Cooling

Remove the pizza from the oven and let it cool for a few minutes before slicing and serving.

Prep Time: 5 mins

Cook Time: 0 mins

# **Nutrition Facts**

Calories: 280 kcal

**Fat:** 14 g

Protein: 14 g

Carbohydrates: 25 g

# **Nutrition Facts**

#### **Proteins**

| Nutrient | Value | % Daily<br>Intake<br>(Males) | % Daily<br>Intake<br>(Females) |
|----------|-------|------------------------------|--------------------------------|
| Protein  | 14 g  | 82.35%                       | 82.35%                         |

#### **Carbohydrates**

| Nutrient      | Value | % Daily<br>Intake<br>(Males) | % Daily<br>Intake<br>(Females) |
|---------------|-------|------------------------------|--------------------------------|
| Carbohydrates | 25 g  | 45.45%                       | 50%                            |
| Fibers        | 2 g   | 5.26%                        | 8%                             |
| Sugars        | 3 g   | N/A                          | N/A                            |
| Lactose       | 0 g   | N/A                          | N/A                            |

#### **Fats**

| Nutrient            | Value | % Daily<br>Intake<br>(Males) | % Daily<br>Intake<br>(Females) |
|---------------------|-------|------------------------------|--------------------------------|
| Monounsaturated Fat | 4 g   | N/A                          | N/A                            |
| Saturated Fat       | 6 g   | 27.27%                       | 35.29%                         |
| Fat                 | 14 g  | 50%                          | 56%                            |
| Cholesterol         | 30 mg | N/A                          | N/A                            |

#### **Vitamins**

| Nutrient    | Value | % Daily<br>Intake<br>(Males) | % Daily<br>Intake<br>(Females) |
|-------------|-------|------------------------------|--------------------------------|
| Vitamin A   | 10 iu | 1.11%                        | 1.43%                          |
| Vitamin C   | 2 mg  | 2.22%                        | 2.67%                          |
| Vitamin B6  | 0 mg  | 0%                           | 0%                             |
| Vitamin B12 | 1 mcg | 41.67%                       | 41.67%                         |
| Vitamin E   | 2 mg  | 13.33%                       | 13.33%                         |

| Nutrient  | Value | % Daily<br>Intake<br>(Males) | % Daily<br>Intake<br>(Females) |
|-----------|-------|------------------------------|--------------------------------|
| Vitamin D | 0 mcg | 0%                           | 0%                             |

#### **Minerals**

| Nutrient  | Value  | % Daily<br>Intake<br>(Males) | % Daily<br>Intake<br>(Females) |
|-----------|--------|------------------------------|--------------------------------|
| Sodium    | 750 mg | 32.61%                       | 32.61%                         |
| Calcium   | 20 mg  | 2%                           | 2%                             |
| Iron      | 10 mg  | 125%                         | 55.56%                         |
| Potassium | 200 mg | 5.88%                        | 7.69%                          |
| Zinc      | 1 mg   | 9.09%                        | 12.5%                          |
| Selenium  | 10 mcg | 18.18%                       | 18.18%                         |

# **Recipe Attributes**

#### Cuisines

Italian Chinese Indian Mexican American

# Kitchen Tools

Slow Cooker Blender

#### **Nutritional Content**

Low Calorie

#### Course

Salads Soups Main Dishes Sauces & Dressings

Picnic

Meal Type
Snack Lunch Dinner Supper

Healthy For
Gastritis Peptic ulcer disease

Difficulty Level

Medium

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