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# Chicago Classic Pizza

The Chicago Classic Pizza is a deep-dish pizza that originated in Chicago and is known for its thick, buttery crust and generous toppings. It is typically consumed as a main dish and is a popular choice for pizza lovers.

Recipe Type: Standard Prep Time: 30 mins

Cook Time: 40 mins Total Time: 70 mins

Recipe Yield: 2000 grams Number of Servings: 8

Serving Size: 250 g

# **Ingredients**

500 g	All-Purpose Flour
10 g	Yeast
300 ml	Water
50 ml	Olive oil
10 g	Salt

500 g	tomato sauce
500 g	mozzarella cheese
200 g	pepperoni
200 g	italian sausage
100 g	Green Bell Pepper
100 g	onion

## **Directions**

#### Step 1



In a large bowl, combine the flour, yeast, and salt. Gradually add water and olive oil while stirring. Knead the dough until smooth and elastic.

Prep Time: 15 mins

Cook Time: 0 mins

## Step 2

Resting

Cover the dough with a damp cloth and let it rise in a warm place for 1 hour.

Prep Time: 60 mins

Cook Time: 0 mins

## Step 3

#### **Preheating**

Preheat the oven to 425°F (220°C).

Prep Time: 5 mins

Cook Time: 0 mins

## Step 4

#### **Preparation**

Grease a deep-dish pizza pan with olive oil. Press the dough into the pan, covering the bottom and sides.

Prep Time: 10 mins

Cook Time: 0 mins

## Step 5

#### **Preparation**

Spread tomato sauce evenly over the dough. Add mozzarella cheese, pepperoni, Italian sausage, green bell pepper, and onion as desired.

Prep Time: 5 mins

Cook Time: 0 mins

## Step 6

**Baking** 

Bake the pizza in the preheated oven for 30-35 minutes, or until the crust is golden and the cheese is melted and bubbly.

Prep Time: 0 mins

Cook Time: 35 mins

## Step 7



Remove the pizza from the oven and let it cool for a few minutes. Slice and serve.

Prep Time: 0 mins

Cook Time: 0 mins

## **Nutrition Facts**

Calories: 450 kcal

**Fat:** 25 g

Protein: 20 g

Carbohydrates: 40 g

# **Nutrition Facts**

#### **Proteins**

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Protein	20 g	117.65%	117.65%

# Carbohydrates

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Carbohydrates	40 g	72.73%	80%
Fibers	3 g	7.89%	12%
Sugars	3 g	N/A	N/A
Lactose	0 g	N/A	N/A

## Fats

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Monounsaturated Fat	8 g	N/A	N/A
Saturated Fat	15 g	68.18%	88.24%
Fat	25 g	89.29%	100%
Cholesterol	50 mg	N/A	N/A

## **Vitamins**

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Vitamin A	10 iu	1.11%	1.43%

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Vitamin C	20 mg	22.22%	26.67%
Vitamin B6	5 mg	384.62%	384.62%
Vitamin B12	10 mcg	416.67%	416.67%
Vitamin E	6 mg	40%	40%
Vitamin D	2 mcg	13.33%	13.33%

## **Minerals**

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Sodium	1000 mg	43.48%	43.48%
Calcium	30 mg	3%	3%
Iron	15 mg	187.5%	83.33%
Potassium	10 mg	0.29%	0.38%
Zinc	8 mg	72.73%	100%
Selenium	15 mcg	27.27%	27.27%

# **Recipe Attributes**

Cuisines

Italian

Middle Eastern

Meal Type

Snack Lunch Dinner **Nutritional Content** Low Calorie Kitchen Tools Grill Slow Cooker Course Salads Snacks Cultural St. Patrick's Day Chinese New Year Diwali Ramadan Passover Thanksgiving Christmas Easter Halloween Cost Under \$10 \$10 to \$20 \$20 to \$30 Difficulty Level Medium

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