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## Butterfinger Shake ♦

The Butterfinger Shake is a delicious milkshake made with Butterfinger candy bars, milk, and ice cream. It is a sweet and creamy treat that is perfect for dessert or a midday snack. The shake is blended until smooth and topped with whipped cream and crushed Butterfinger candy for an extra crunch. Enjoy this indulgent shake any time of the year!

**Recipe Type:** Standard

**Prep Time:** 5 mins

**Cook Time:** N/A

**Total Time:** 5 mins

**Recipe Yield:** 500 grams

**Number of Servings:** 2

**Serving Size:** 250 g

### Ingredients

100 g	butterfinger candy bars
500 ml	Milk
200 g	vanilla ice cream
50 g	whipped cream

# Directions

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## Step 1

Crush the Butterfinger candy bars into small pieces.

**Prep Time:** 2 mins

**Cook Time:** 0 mins

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## Step 2

Blending

In a blender, combine the crushed Butterfinger candy bars, milk, and vanilla ice cream.

**Prep Time:** 2 mins

**Cook Time:** 0 mins

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## Step 3

Blending

Blend until smooth and creamy.

**Prep Time:** 1 mins

**Cook Time:** 0 mins

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## Step 4

Pour the shake into glasses and top with whipped cream and crushed Butterfinger candy.

**Prep Time:** 0 mins

**Cook Time:** 0 mins

## Nutrition Facts

**Calories:** 500 kcal

**Fat:** 20 g

**Protein:** 10 g

**Carbohydrates:** 70 g

## Nutrition Facts

### Proteins

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Protein	10 g	58.82%	58.82%

### Carbohydrates

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Carbohydrates	70 g	127.27%	140%
Fibers	2 g	5.26%	8%
Sugars	50 g	N/A	N/A
Lactose	0 g	N/A	N/A

## Fats

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Monounsaturated Fat	5 g	N/A	N/A
Saturated Fat	10 g	45.45%	58.82%
Fat	20 g	71.43%	80%
Cholesterol	30 mg	N/A	N/A

## Vitamins

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Vitamin A	200 iu	22.22%	28.57%
Vitamin C	0 mg	0%	0%
Vitamin B6	0 mg	0%	0%
Vitamin B12	1 mcg	41.67%	41.67%
Vitamin E	1 mg	6.67%	6.67%

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Vitamin D	0 mcg	0%	0%

## Minerals

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Sodium	200 mg	8.7%	8.7%
Calcium	300 mg	30%	30%
Iron	1 mg	12.5%	5.56%
Potassium	400 mg	11.76%	15.38%
Zinc	1 mg	9.09%	12.5%
Selenium	10 mcg	18.18%	18.18%

## Recipe Attributes

### Events

Christmas Easter Thanksgiving Birthday Wedding Halloween  
 Valentine's Day New Year Back to School Barbecue Picnic

### Cuisines

Italian

### Course

Desserts Drinks

### Cultural

Chinese New Year

### Cost

Under \$10

### Demographics

Kids Friendly

Teen Friendly

Allergy Friendly

### Diet

Paleo Diet

### Meal Type

Snack

### Difficulty Level

Easy

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