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## Vanilla White Mocha ♦♦

A delicious and creamy coffee beverage made with vanilla, white chocolate, and skim milk. Perfect for a cozy morning or an afternoon pick-me-up.

**Recipe Type:** Standard

**Prep Time:** 5 mins

**Cook Time:** 5 mins

**Total Time:** 10 mins

**Recipe Yield:** 500 grams

**Number of Servings:** 1

**Serving Size:** 500 g

### Ingredients

1 oz	vanilla syrup
2 oz	white chocolate
8 oz	Skim Milk

### Directions

## Step 1

Stove

In a saucepan, heat the skim milk over medium heat until hot but not boiling.

**Prep Time:** 2 mins

**Cook Time:** 3 mins

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## Step 2

Stove

Add the white chocolate to the hot milk and stir until melted and well combined.

**Prep Time:** 1 mins

**Cook Time:** 2 mins

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## Step 3

Remove from heat and stir in the vanilla syrup.

**Prep Time:** 1 mins

**Cook Time:** 0 mins

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## Step 4

Pour the mixture into a mug and enjoy!

**Prep Time:** 0 mins

**Cook Time:** 0 mins

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## Nutrition Facts

Calories: 300 kcal

Fat: 9 g

Protein: 10 g

Carbohydrates: 45 g

## Nutrition Facts

### Proteins

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Protein	10 g	58.82%	58.82%

### Carbohydrates

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Carbohydrates	45 g	81.82%	90%
Fibers	0 g	0%	0%
Sugars	40 g	N/A	N/A
Lactose	0 g	N/A	N/A

## Fats

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Monounsaturated Fat	0 g	N/A	N/A
Saturated Fat	6 g	27.27%	35.29%
Fat	9 g	32.14%	36%
Cholesterol	10 mg	N/A	N/A

## Vitamins

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Vitamin A	2 iu	0.22%	0.29%
Vitamin C	0 mg	0%	0%
Vitamin B6	0 mg	0%	0%
Vitamin B12	10 mcg	416.67%	416.67%
Vitamin E	0 mg	0%	0%
Vitamin D	10 mcg	66.67%	66.67%

## Minerals

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Sodium	120 mg	5.22%	5.22%
Calcium	30 mg	3%	3%

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Iron	4 mg	50%	22.22%
Potassium	0 mg	0%	0%
Zinc	0 mg	0%	0%
Selenium	0 mcg	0%	0%

## Recipe Attributes

### Events

Christmas Easter Thanksgiving

### Meal Type

Breakfast Dinner Brunch Lunch Snack Supper

### Course

Drinks Salads Soups Sauces & Dressings

### Cultural

Chinese New Year Cinco de Mayo Diwali Hanukkah Oktoberfest  
Passover Ramadan St. Patrick's Day Thanksgiving Christmas Easter

### Difficulty Level

Medium

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