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# Caffè Vanilla Frappuccino Blended Coffee No Whip

A refreshing and creamy blended coffee beverage with a hint of vanilla flavor. Perfect for coffee lovers who enjoy a cold and sweet treat.

Recipe Type: Standard Prep Time: 10 mins

Cook Time: N/A Total Time: 10 mins

Recipe Yield: 500 grams Number of Servings: 2

Serving Size: 250 g

# **Ingredients**

1 c	Coffee
2 c	Ice
1 c	milk
2 tbsp	vanilla syrup
2 tbsp	Sugar

0 tbsp whipped cream

# **Directions**

#### Step 1

Brew a cup of coffee and let it cool.

Prep Time: 5 mins

Cook Time: 0 mins

## Step 2

#### Blending

In a blender, combine the cooled coffee, ice, milk, vanilla syrup, and sugar. Blend until smooth.

Prep Time: 2 mins

Cook Time: 0 mins

### Step 3

Pour the mixture into two glasses.

Prep Time: 1 mins

Cook Time: 0 mins

#### Step 4

Optional: Top with whipped cream and drizzle with additional vanilla syrup.

Prep Time: 1 mins

Cook Time: 0 mins

# **Nutrition Facts**

Calories: 200 kcal

**Fat**: 0 g

Protein: 2g

Carbohydrates: 50 g

# **Nutrition Facts**

#### **Proteins**

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Protein	2 g	11.76%	11.76%

#### **Carbohydrates**

Nutrient	Value	Intake	% Daily Intake (Females)
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Carbohydrates	50 g	90.91%	100%
Fibers	0 g	0%	0%
Sugars	40 g	N/A	N/A
Lactose	0 g	N/A	N/A

#### **Fats**

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Monounsaturated Fat	0 g	N/A	N/A
Saturated Fat	0 g	0%	0%
Fat	0 g	0%	0%
Cholesterol	0 mg	N/A	N/A

## **Vitamins**

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Vitamin A	2 iu	0.22%	0.29%
Vitamin C	0 mg	0%	0%
Vitamin B6	0 mg	0%	0%
Vitamin B12	0 mcg	0%	0%
Vitamin E	0 mg	0%	0%
Vitamin D	0 mcg	0%	0%

#### **Minerals**

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Sodium	50 mg	2.17%	2.17%
Calcium	10 mg	1%	1%
Iron	0 mg	0%	0%
Potassium	100 mg	2.94%	3.85%
Zinc	0 mg	0%	0%
Selenium	0 mcg	0%	0%

# **Recipe Attributes**

#### Seasonality

Summer Fall

#### Events

Christmas Easter Thanksgiving Birthday Wedding Halloween

Valentine's Day Mother's Day Father's Day New Year Anniversary

Baby Shower Bridal Shower Graduation Back to School Barbecue Picnic

## Kitchen Tools

Blender

#### **Meal Type**

Lunch Snack

# Difficulty Level

Easy

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