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White Chocolate Mocha Whip ♦♦

A delicious and creamy white chocolate mocha whip that is perfect for coffee lovers. This recipe combines the rich flavors of white chocolate and coffee for a decadent treat. Enjoy it as a dessert or a special morning pick-me-up.

Recipe Type: Standard

Prep Time: 10 mins

Cook Time: N/A

Total Time: 10 mins

Recipe Yield: 500 grams

Number of Servings: 5

Serving Size: 100 g

Ingredients

200 g	white chocolate
20 g	Instant Coffee
200 g	whipped cream
500 ml	Milk
50 g	Sugar

Directions

Step 1

Microwaving

Melt the white chocolate in a microwave or double boiler.

Prep Time: 2 mins

Cook Time: 0 mins

Step 2

Blending

In a blender, combine the melted white chocolate, instant coffee, whipped cream, milk, and sugar. Blend until smooth.

Prep Time: 5 mins

Cook Time: 0 mins

Step 3

Refrigerating

Pour the mixture into serving glasses and refrigerate for at least 1 hour.

Prep Time: 3 mins

Cook Time: 0 mins

Nutrition Facts

Calories: 250 kcal

Fat: 20 g

Protein: 5 g

Carbohydrates: 30 g

Nutrition Facts

Proteins

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Protein	5 g	29.41%	29.41%

Carbohydrates

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Carbohydrates	30 g	54.55%	60%
Fibers	2 g	5.26%	8%
Sugars	25 g	N/A	N/A
Lactose	0 g	N/A	N/A

Fats

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Monounsaturated Fat	10 g	N/A	N/A
Saturated Fat	15 g	68.18%	88.24%
Fat	20 g	71.43%	80%
Cholesterol	20 mg	N/A	N/A

Vitamins

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Vitamin A	100 iu	11.11%	14.29%
Vitamin C	0 mg	0%	0%
Vitamin B6	0 mg	0%	0%
Vitamin B12	0 mcg	0%	0%
Vitamin E	2 mg	13.33%	13.33%
Vitamin D	0 mcg	0%	0%

Minerals

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Sodium	50 mg	2.17%	2.17%
Calcium	150 mg	15%	15%

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Iron	2 mg	25%	11.11%
Potassium	200 mg	5.88%	7.69%
Zinc	1 mg	9.09%	12.5%
Selenium	5 mcg	9.09%	9.09%

Recipe Attributes

Events

Christmas

Barbecue

Course

Drinks

Breads

Salads

Soups

Snacks

Sauces & Dressings

Cultural

Easter

Cost

\$10 to \$20

Demographics

Teen Friendly

Allergy Friendly

Heart Healthy

Diet

The Whole30 Diet

South Beach Diet

TLC Diet (Therapeutic Lifestyle Changes)

Vegetarian Diet

Pescatarian Diet

Ovo-Vegetarian Diet

Lacto-Vegetarian Diet

Meal Type

Brunch

Lunch

Snack

Difficulty Level

Medium

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