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Caffe Vanilla Frappuccino Light Blended Coffee no whipped cream ♦

A delicious and refreshing blended coffee drink made with vanilla flavor and without whipped cream. Perfect for a hot summer day or as a pick-me-up anytime.

Recipe Type: Standard

Prep Time: 10 mins

Cook Time: N/A

Total Time: 10 mins

Recipe Yield: 500 grams

Number of Servings: 2

Serving Size: 250 g

Ingredients

20 g	Coffee
200 g	Ice
250 ml	milk
30 ml	vanilla syrup
10 g	Sugar

0 g whipped cream

Directions

Step 1

Brew a strong coffee and let it cool.

Prep Time: 5 mins

Cook Time: 0 mins

Step 2

Blending

In a blender, combine the coffee, ice, milk, vanilla syrup, and sugar. Blend until smooth.

Prep Time: 5 mins

Cook Time: 0 mins

Step 3

Pour into glasses and serve chilled.

Prep Time: 0 mins

Cook Time: 0 mins

Nutrition Facts

Calories: 150 kcal

Fat: 0 g

Protein: 5 g

Carbohydrates: 35 g

Nutrition Facts

Proteins

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Protein	5 g	29.41%	29.41%

Carbohydrates

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Carbohydrates	35 g	63.64%	70%
Fibers	0 g	0%	0%
Sugars	30 g	N/A	N/A
Lactose	0 g	N/A	N/A

Fats

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Monounsaturated Fat	0 g	N/A	N/A
Saturated Fat	0 g	0%	0%
Fat	0 g	0%	0%
Cholesterol	0 mg	N/A	N/A

Vitamins

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Vitamin A	2 iu	0.22%	0.29%
Vitamin C	0 mg	0%	0%
Vitamin B6	0 mg	0%	0%
Vitamin B12	0 mcg	0%	0%
Vitamin E	0 mg	0%	0%
Vitamin D	0 mcg	0%	0%

Minerals

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Sodium	50 mg	2.17%	2.17%
Calcium	20 mg	2%	2%
Iron	0 mg	0%	0%

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Potassium	200 mg	5.88%	7.69%
Zinc	0 mg	0%	0%
Selenium	0 mcg	0%	0%

Recipe Attributes

Seasonality

Summer Fall

Events

Easter Birthday Game Day

Cuisines

French Mediterranean Vietnamese American

Nutritional Content

Low Calorie

Course

Drinks Soups Snacks Sauces & Dressings

Cultural

Chinese New Year Easter

Cost

\$10 to \$20 \$20 to \$30 Over \$50

Demographics

Kids Friendly

Meal Type

Brunch

Lunch

Snack

Supper

Difficulty Level

Medium

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