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Choco Bon Loco ♦♦

Choco Bon Loco is a spiced chocolate recipe that is perfect for chocolate lovers. It has a rich history and is often enjoyed as a dessert or a special treat. The combination of spices adds a unique twist to the classic chocolate flavor.

Recipe Type: Standard

Prep Time: 15 mins

Cook Time: 30 mins

Total Time: 45 mins

Recipe Yield: 500 grams

Number of Servings: 10

Serving Size: 50 g

Ingredients

200 g	dark chocolate
50 g	Cocoa Powder
2 tsp	Cinnamon
1 tsp	Nutmeg
0.5 tsp	Chili powder

100 g Sugar

Directions

Step 1

Melt the dark chocolate in a double boiler.

Prep Time: 5 mins

Cook Time: 10 mins

Step 2

Stirring

Add the cocoa powder, cinnamon, nutmeg, chili powder, and sugar to the melted chocolate.

Prep Time: 2 mins

Cook Time: 5 mins

Step 3

Mixing

Mix well until all the ingredients are fully incorporated.

Prep Time: 1 mins

Cook Time: 0 mins

Step 4

Pouring

Pour the mixture into a mold or a baking dish.

Prep Time: 1 mins

Cook Time: 0 mins

Step 5

Refrigerating

Refrigerate for at least 2 hours to allow the chocolate to set.

Prep Time: 0 mins

Cook Time: 120 mins

Step 6

Cutting

Remove from the refrigerator and cut into small pieces.

Prep Time: 1 mins

Cook Time: 0 mins

Step 7

Serving

Serve and enjoy!

Prep Time: 0 mins

Cook Time: 0 mins

Nutrition Facts

Calories: 500 kcal

Fat: 30 g

Protein: 5 g

Carbohydrates: 50 g

Nutrition Facts

Proteins

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Protein	5 g	29.41%	29.41%

Carbohydrates

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Carbohydrates	50 g	90.91%	100%

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Fibers	5 g	13.16%	20%
Sugars	20 g	N/A	N/A
Lactose	0 g	N/A	N/A

Fats

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Monounsaturated Fat	0 g	N/A	N/A
Saturated Fat	10 g	45.45%	58.82%
Fat	30 g	107.14%	120%
Cholesterol	0 mg	N/A	N/A

Vitamins

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Vitamin A	0 iu	0%	0%
Vitamin C	0 mg	0%	0%
Vitamin B6	0 mg	0%	0%
Vitamin B12	0 mcg	0%	0%
Vitamin E	0 mg	0%	0%
Vitamin D	0 mcg	0%	0%

Minerals

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Sodium	10 mg	0.43%	0.43%
Calcium	2 mg	0.2%	0.2%
Iron	10 mg	125%	55.56%
Potassium	0 mg	0%	0%
Zinc	0 mg	0%	0%
Selenium	0 mcg	0%	0%

Recipe Attributes

Events

Christmas Easter Barbecue

Cuisines

Italian

Course

Desserts Salads Sauces & Dressings

Cultural

Chinese New Year Halloween

Cost

Under \$10 \$10 to \$20 \$20 to \$30 \$30 to \$40

Demographics

Teen Friendly

Allergy Friendly

Heart Healthy

Diet

Flexitarian Diet

The Whole30 Diet

Vegetarian Diet

Vegan Diet

Meal Type

Snack

Lunch

Supper

Difficulty Level

Medium

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