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# Napoli Pizza ·\*

Napoli Pizza is a traditional Italian pizza that originated in Naples. It is known for its thin and crispy crust, topped with fresh ingredients such as tomatoes, mozzarella cheese, and basil. The pizza is typically cooked in a wood-fired oven, giving it a unique smoky flavor. Napoli Pizza is a popular choice for pizza lovers around the world.

Recipe Type: Standard	Prep Time: 30 mins
Cook Time: 10 mins	Total Time: 40 mins
Recipe Yield: 500 grams	Number of Servings: 4
Serving Size: 125 g	

# Ingredients

500 g	napoli pizza crust
200 g	Tomatoes
200 g	Mozzarella Cheese
10 g	Basil
20 g	Olive oil

## **Directions**

Step 1



Preheat the oven to 500°F (260°C).

Prep Time: 5 mins

Cook Time: 0 mins

### Step 2

Roll out the Napoli Pizza Crust to desired thickness.

Prep Time: 10 mins

Cook Time: 0 mins

## Step 3

Spread a thin layer of olive oil on the crust.

Prep Time: 2 mins

Cook Time: 0 mins

### Step 4

Top the crust with sliced tomatoes, mozzarella cheese, and basil.

Prep Time: 5 mins

Cook Time: 10 mins

### Step 5

Sprinkle salt over the toppings.

Prep Time: 1 mins

Cook Time: 0 mins

#### Step 6

Oven

Bake the pizza in the preheated oven for 10 minutes, or until the crust is golden brown and the cheese is melted and bubbly.

Prep Time: 0 mins

Cook Time: 10 mins

## Step 7

Remove the pizza from the oven and let it cool for a few minutes before serving.

Prep Time: 0 mins

Cook Time: 0 mins

# **Nutrition Facts**

Calories: 250 kcal

Fat: 20 g

Protein: 10 g

Carbohydrates: 30 g

# **Nutrition Facts**

#### **Proteins**

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Protein	10 g	58.82%	58.82%

### Carbohydrates

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Carbohydrates	30 g	54.55%	60%
Fibers	2 g	5.26%	8%
Sugars	2 g	N/A	N/A
Lactose	0 g	N/A	N/A

#### Fats

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Monounsaturated Fat	5 g	N/A	N/A
Saturated Fat	10 g	45.45%	58.82%
Fat	20 g	71.43%	80%
Cholesterol	25 mg	N/A	N/A

## Vitamins

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Vitamin A	10 iu	1.11%	1.43%
Vitamin C	15 mg	16.67%	20%
Vitamin B6	2 mg	153.85%	153.85%
Vitamin B12	4 mcg	166.67%	166.67%
Vitamin E	6 mg	40%	40%
Vitamin D	0 mcg	0%	0%

### Minerals

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Sodium	500 mg	21.74%	21.74%
Calcium	20 mg	2%	2%

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Iron	8 mg	100%	44.44%
Potassium	200 mg	5.88%	7.69%
Zinc	4 mg	36.36%	50%
Selenium	2 mcg	3.64%	3.64%

# **Recipe Attributes**

Cuisines
Italian French Mediterranean Middle Eastern
Meal Type
Snack Lunch Dinner
Kitchen Tools
Slow Cooker
Course
AppetizersSide DishesDessertsBreadsSaladsSauces & Dressings
Cultural
Chinese New Year Christmas Easter
Cost
Under \$10 \$30 to \$40
Demographics
Kids Friendly Teen Friendly Pregnancy Safe
Difficulty Level

Easy

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