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## Milk and Honey Brownie · ·

Milk and Honey Brownie

A delicious and indulgent dessert that combines the richness of milk and honey with the decadence of a brownie. Perfect for any occasion!

**Recipe Type:** Standard

**Prep Time:** 15 mins

**Cook Time:** 30 mins

**Total Time:** 45 mins

**Recipe Yield:** 500 grams

**Number of Servings:** 10

**Serving Size:** 50 g

### Ingredients

200 ml Milk

150 g Honey

### Directions

## Step 1

Oven

Preheat the oven to 350°F (175°C).

**Prep Time:** 5 mins

**Cook Time:** 0 mins

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## Step 2

Mixing

In a mixing bowl, combine the brownie mix, milk, and honey. Stir until well combined.

**Prep Time:** 5 mins

**Cook Time:** 0 mins

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## Step 3

Oven

Pour the mixture into a greased baking dish.

**Prep Time:** 5 mins

**Cook Time:** 30 mins

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## Step 4

Oven

Bake for 30 minutes or until a toothpick inserted into the center comes out clean.

**Prep Time:** 0 mins

**Cook Time:** 30 mins

## Step 5

Cooling

Allow the brownie to cool before serving.

**Prep Time:** 0 mins

**Cook Time:** 0 mins

## Nutrition Facts

**Calories:** 350 kcal

**Fat:** 15 g

**Protein:** 5 g

**Carbohydrates:** 50 g

## Nutrition Facts

**Proteins**

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Protein	5 g	29.41%	29.41%

## Carbohydrates

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Carbohydrates	50 g	90.91%	100%

## Fats

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Fat	15 g	53.57%	60%

## Vitamins

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Vitamin A	0 iu	0%	0%
Vitamin C	0 mg	0%	0%

## Minerals

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Sodium	200 mg	8.7%	8.7%
Calcium	50 mg	5%	5%

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Iron	2 mg	25%	11.11%

## Recipe Attributes

### Meal Type

Dessert

### Course

Desserts

Sauces & Dressings

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