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Sliced Turkey Pinwheels ♦

Sliced turkey pinwheels are a delicious and easy-to-make appetizer or snack. They are made by rolling slices of turkey breast with a flavorful filling and then slicing them into bite-sized pinwheels. These pinwheels are perfect for parties, picnics, or as a quick and tasty snack.

Recipe Type: Standard

Prep Time: 15 mins

Cook Time: N/A

Total Time: 15 mins

Recipe Yield: 200 grams

Number of Servings: 10

Serving Size: 20 g

Ingredients

200 g	sliced turkey breast
100 g	cream cheese
50 g	spinach leaves
50 g	sun-dried tomatoes
10 g	basil leaves

0.5 tsp salt

0.25 tsp
black pepper

Directions

Step 1

Mixing

In a bowl, mix cream cheese, chopped spinach, chopped sun-dried tomatoes, chopped basil leaves, salt, and black pepper.

Prep Time: 5 mins

Cook Time: 0 mins

Step 2

Spreading

Spread the cream cheese mixture evenly on the slices of turkey breast.

Prep Time: 5 mins

Cook Time: 0 mins

Step 3

Rolling

Roll up the turkey slices tightly and secure with toothpicks.

Prep Time: 5 mins

Cook Time: 0 mins

Step 4

Cutting

Slice the rolled turkey into bite-sized pinwheels.

Prep Time: 0 mins

Cook Time: 0 mins

Nutrition Facts

Calories: 150 kcal

Fat: 10 g

Protein: 12 g

Carbohydrates: 5 g

Nutrition Facts

Proteins

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Protein	12 g	70.59%	70.59%

Carbohydrates

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Carbohydrates	5 g	9.09%	10%
Fibers	1 g	2.63%	4%
Sugars	2 g	N/A	N/A
Lactose	0 g	N/A	N/A

Fats

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Monounsaturated Fat	2 g	N/A	N/A
Saturated Fat	4 g	18.18%	23.53%
Fat	10 g	35.71%	40%
Cholesterol	40 mg	N/A	N/A

Vitamins

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Vitamin A	10 iu	1.11%	1.43%

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Vitamin C	6 mg	6.67%	8%
Vitamin B6	10 mg	769.23%	769.23%
Vitamin B12	15 mcg	625%	625%
Vitamin E	6 mg	40%	40%
Vitamin D	4 mcg	26.67%	26.67%

Minerals

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Sodium	300 mg	13.04%	13.04%
Calcium	8 mg	0.8%	0.8%
Iron	6 mg	75%	33.33%
Potassium	200 mg	5.88%	7.69%
Zinc	8 mg	72.73%	100%
Selenium	20 mcg	36.36%	36.36%

Recipe Attributes

Course

Drinks

Salads

Snacks

Cultural

Chinese New Year

Cinco de Mayo

Diwali

Hanukkah

Oktoberfest

Passover

Ramadan

St. Patrick's Day

Thanksgiving

Christmas

Easter

Halloween

Cost

Under \$10

\$10 to \$20

\$20 to \$30

\$30 to \$40

\$40 to \$50

Meal Type

Snack

Supper

Difficulty Level

Easy

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