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Twix Chocolate Croissants

Twix Chocolate Croissants are a delicious vegan pastry made with flaky croissant dough and filled with a creamy Twix chocolate filling. These croissants are perfect for breakfast, brunch, or as a sweet treat any time of the day.

Recipe Type: Vegan

Prep Time: 20 mins

Cook Time: 25 mins

Total Time: 45 mins

Recipe Yield: 400 grams

Number of Servings: 8

Serving Size: 50 g

Ingredients

400 g vegan croissant dough

200 g twix chocolate bar

Directions

Step 1

Preheating

Preheat the oven to 375°F (190°C).

Prep Time: 5 mins

Cook Time: 0 mins

Step 2

Cut

Unroll the croissant dough and separate into triangles.

Prep Time: 5 mins

Cook Time: 0 mins

Step 3

Placing

Place a piece of Twiix chocolate bar on the wide end of each triangle.

Prep Time: 5 mins

Cook Time: 0 mins

Step 4

Rolling

Roll up the triangles, starting from the wide end, and place them on a baking sheet lined with parchment paper.

Prep Time: 5 mins

Cook Time: 0 mins

Step 5

Baking

Bake in the preheated oven for 20-25 minutes, or until the croissants are golden brown.

Prep Time: 0 mins

Cook Time: 25 mins

Nutrition Facts

Calories: 300 kcal

Fat: 15 g

Protein: 4 g

Carbohydrates: 35 g

Nutrition Facts

Proteins

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Protein	4 g	23.53%	23.53%

Carbohydrates

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Carbohydrates	35 g	63.64%	70%
Fibers	2 g	5.26%	8%
Sugars	15 g	N/A	N/A
Lactose	0 g	N/A	N/A

Fats

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Monounsaturated Fat	5 g	N/A	N/A
Saturated Fat	8 g	36.36%	47.06%
Fat	15 g	53.57%	60%
Cholesterol	0 mg	N/A	N/A

Vitamins

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Vitamin A	0 iu	0%	0%

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Vitamin C	0 mg	0%	0%
Vitamin B6	0 mg	0%	0%
Vitamin B12	0 mcg	0%	0%
Vitamin E	0 mg	0%	0%
Vitamin D	0 mcg	0%	0%

Minerals

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Sodium	150 mg	6.52%	6.52%
Calcium	2 mg	0.2%	0.2%
Iron	10 mg	125%	55.56%
Potassium	0 mg	0%	0%
Zinc	0 mg	0%	0%
Selenium	0 mcg	0%	0%

Recipe Attributes

Events

Christmas

Valentine's Day

Meal Type

Breakfast Brunch Snack Supper

Course

Desserts Snacks

Cultural

Chinese New Year Halloween

Cost

\$10 to \$20 \$20 to \$30 \$30 to \$40

Demographics

Senior Friendly Teen Friendly Lactation Friendly Diabetic Friendly

Heart Healthy

Diet

DASH Diet (Dietary Approaches to Stop Hypertension) The Whole30 Diet

Vegetarian Diet Vegan Diet Raw Food Diet

Difficulty Level

Hard

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