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Almond Cinnamon Hot Cocoa

A delicious and comforting hot cocoa recipe infused with almond and cinnamon flavors.

Perfect for cozy evenings or chilly winter days.

Recipe Type: Vegetarian Prep Time: 5 mins

Cook Time: 10 mins Total Time: 15 mins

Recipe Yield: 400 grams Number of Servings: 2

Serving Size: 200 g

Ingredients

2 c	almond milk
2 tbsp	Cocoa Powder
2 tbsp	Maple syrup
1 tsp	Cinnamon
1 tsp	Vanilla Extract
2 tbsp	whipped cream

2 tbsp almonds

Directions

Step 1

Stove

In a saucepan, heat almond milk over medium heat until hot but not boiling.

Prep Time: 2 mins

Cook Time: 5 mins

Step 2

In a separate bowl, whisk together cocoa powder, maple syrup, cinnamon, and vanilla extract.

Prep Time: 2 mins

Cook Time: 0 mins

Step 3

Stirring

Slowly pour the cocoa mixture into the hot almond milk, whisking constantly until well combined.

Prep Time: 1 mins

Cook Time: 2 mins

Step 4

Pour the hot cocoa into mugs and top with whipped cream and crushed almonds.

Prep Time: 0 mins

Cook Time: 0 mins

Nutrition Facts

Calories: 120 kcal

Fat: 3 g

Protein: 3 g

Carbohydrates: 20 g

Nutrition Facts

Proteins

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Protein	3 g	17.65%	17.65%

Carbohydrates

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Carbohydrates	20 g	36.36%	40%
Fibers	3 g	7.89%	12%
Sugars	14 g	N/A	N/A
Lactose	0 g	N/A	N/A

Fats

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Monounsaturated Fat	1 g	N/A	N/A
Saturated Fat	0 g	0%	0%
Fat	3 g	10.71%	12%
Cholesterol	0 mg	N/A	N/A

Vitamins

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Vitamin A	0 iu	0%	0%
Vitamin C	0 mg	0%	0%
Vitamin B6	2 mg	153.85%	153.85%
Vitamin B12	0 mcg	0%	0%
Vitamin E	20 mg	133.33%	133.33%

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Vitamin D	0 mcg	0%	0%

Minerals

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Sodium	80 mg	3.48%	3.48%
Calcium	30 mg	3%	3%
Iron	10 mg	125%	55.56%
Potassium	2 mg	0.06%	0.08%
Zinc	2 mg	18.18%	25%
Selenium	0 mcg	0%	0%

Recipe Attributes

Seasonality

Winter

Events

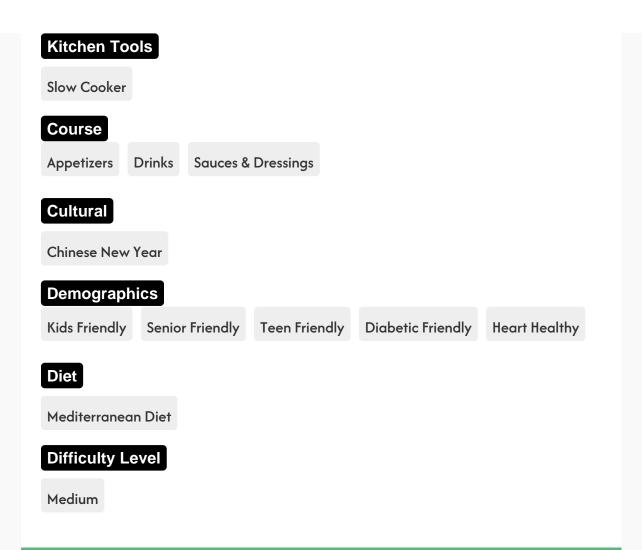
Christmas

Meal Type

Breakfast Brunch Supper

Nutritional Content

Low Calorie High Protein Low Fat Low Carb High Fiber Low Sodium



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