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## Marshmallow Cornflake Treats ♦♦

Marshmallow Cornflake Treats are a classic dessert made with melted marshmallows and cornflakes. They are sweet, crispy, and easy to make. These treats are often enjoyed as a snack or dessert and are popular among kids and adults alike.

**Recipe Type:** Standard

**Prep Time:** 10 mins

**Cook Time:** 5 mins

**Total Time:** 15 mins

**Recipe Yield:** 500 grams

**Number of Servings:** 10

**Serving Size:** 50 g

### Ingredients

200 g	Marshmallows
300 g	cornflakes
50 g	Butter

### Directions

## Step 1

Stove

Melt the butter in a large saucepan over low heat.

**Prep Time:** 2 mins

**Cook Time:** 0 mins

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## Step 2

Stove

Add the marshmallows to the saucepan and stir until melted and smooth.

**Prep Time:** 3 mins

**Cook Time:** 2 mins

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## Step 3

Remove the saucepan from heat and add the cornflakes. Stir until well coated.

**Prep Time:** 2 mins

**Cook Time:** 0 mins

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## Step 4

Press the mixture into a greased baking dish and let it cool completely.

**Prep Time:** 3 mins

**Cook Time:** 0 mins

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## Step 5

Cut

Cut into squares or bars and serve.

**Prep Time:** 0 mins

**Cook Time:** 0 mins

## Nutrition Facts

**Calories:** 150 kcal

**Fat:** 2 g

**Protein:** 1 g

**Carbohydrates:** 32 g

## Nutrition Facts

### Proteins

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Protein	1 g	5.88%	5.88%

### Carbohydrates

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Carbohydrates	32 g	58.18%	64%
Fibers	0 g	0%	0%
Sugars	18 g	N/A	N/A
Lactose	0 g	N/A	N/A

## Fats

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Monounsaturated Fat	0 g	N/A	N/A
Saturated Fat	1 g	4.55%	5.88%
Fat	2 g	7.14%	8%
Cholesterol	0 mg	N/A	N/A

## Vitamins

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Vitamin A	0 iu	0%	0%
Vitamin C	0 mg	0%	0%
Vitamin B6	0 mg	0%	0%
Vitamin B12	0 mcg	0%	0%
Vitamin E	0 mg	0%	0%

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Vitamin D	0 mcg	0%	0%

## Minerals

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Sodium	100 mg	4.35%	4.35%
Calcium	0 mg	0%	0%
Iron	4 mg	50%	22.22%
Potassium	0 mg	0%	0%
Zinc	0 mg	0%	0%
Selenium	0 mcg	0%	0%

## Recipe Attributes

### Events

Christmas

Game Day

### Course

Snacks

Desserts

Sauces & Dressings

### Cultural

Chinese New Year

Cinco de Mayo

Diwali

Hanukkah

Oktoberfest

Passover

Ramadan

St. Patrick's Day

Thanksgiving

Christmas

Easter

Halloween

### Cost

Under \$10

\$10 to \$20

\$20 to \$30

### Meal Type

Snack

Supper

### Difficulty Level

Easy

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