

All Recipes

Al Recipe Builder

Similar Recipes

Classic Scones with Jam.

Classic scones with jam are a traditional British tea-time treat. They are typically served with clotted cream and jam. Scones have a crumbly texture and a slightly sweet taste, making them perfect for pairing with a cup of tea or coffee. This recipe is easy to make and yields delicious scones that are sure to impress.

Recipe Type: Standard	Prep Time: 15 mins
Cook Time: 12 mins	Total Time: 27 mins
Recipe Yield: 500 grams	Number of Servings: 8
Serving Size: 63 g	

Ingredients

250 g	All-Purpose Flour
15 g	Baking Powder
2.5 g	Salt
50 g	Unsalted Butter
25 g	caster sugar

125 ml	Milk
100 g	jam
100 g	clotted cream

Directions

Step 1

Preheating

Preheat the oven to 220°C (425°F).

Prep Time: 5 mins

Cook Time: 0 mins

Step 2

Mixing

In a large bowl, mix together the flour, baking powder, and salt.

Prep Time: 5 mins

Cook Time: 0 mins

Step 3



Add the butter to the dry ingredients and rub it in with your fingertips until the mixture resembles breadcrumbs.

Prep Time: 5 mins

Cook Time: 0 mins

Step 4



Stir in the sugar.

Prep Time: 1 mins

Cook Time: 0 mins

Step 5

Mixing

Make a well in the center of the mixture and pour in the milk. Stir until the dough comes together.

Prep Time: 3 mins

Cook Time: 0 mins

Step 6

Kneading

Turn the dough out onto a lightly floured surface and knead it gently a few times to bring it together.

Prep Time: 2 mins

Cook Time: 0 mins

Step 7

Rolling

Roll out the dough to a thickness of about 2.5 cm (1 inch).

Prep Time: 2 mins

Cook Time: 0 mins

Step 8

Cutting

Using a round cutter, cut out scones from the dough and place them on a baking sheet lined with parchment paper.

Prep Time: 3 mins

Cook Time: 0 mins

Step 9

Brushing

Brush the tops of the scones with a little milk.

Prep Time: 1 mins

Cook Time: 0 mins

Step 10

Baking

Bake the scones in the preheated oven for 10-12 minutes, or until they are golden brown.

Prep Time: 0 mins

Cook Time: 12 mins

Step 11

Cooling

Remove the scones from the oven and allow them to cool on a wire rack.

Prep Time: 0 mins

Cook Time: 0 mins

Step 12

Serving

Serve the scones with jam and clotted cream.

Prep Time: 0 mins

Cook Time: 0 mins

Nutrition Facts

Calories: 185 kcal

Fat: 8g

Protein: 3g

Carbohydrates: 24 g

Nutrition Facts

Proteins

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Protein	3 g	17.65%	17.65%

Carbohydrates

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Carbohydrates	24 g	43.64%	48%
Fibers	1 g	2.63%	4%
Sugars	7 g	N/A	N/A
Lactose	0 g	N/A	N/A

Fats

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Monounsaturated Fat	2 g	N/A	N/A

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Saturated Fat	4 g	18.18%	23.53%
Fat	8 g	28.57%	32%
Cholesterol	17 mg	N/A	N/A

Vitamins

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Vitamin A	104 iu	11.56%	14.86%
Vitamin C	0 mg	0%	0%
Vitamin B6	0 mg	0%	0%
Vitamin B12	0 mcg	0%	0%
Vitamin E	0 mg	0%	0%
Vitamin D	0 mcg	0%	0%

Minerals

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Sodium	113 mg	4.91%	4.91%
Calcium	43 mg	4.3%	4.3%
Iron	1 mg	12.5%	5.56%
Potassium	71 mg	2.09%	2.73%

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Zinc	0 mg	0%	0%
Selenium	8 mcg	14.55%	14.55%

Recipe Attributes

Events
Christmas Easter Birthday Valentine's Day New Year Back to School
Barbecue Picnic
Course
Drinks Breads Snacks
Cultural
Chinese New Year Halloween
Demographics
Kids Friendly Teen Friendly Pregnancy Safe Allergy Friendly
Diet
Mediterranean Diet Flexitarian Diet Vegetarian Diet
Meal Type
Brunch Snack Supper
Difficulty Level
Medium

Visit our website: <u>healthdor.com</u>