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Shortbread ✦

Shortbread is a traditional Scottish biscuit made from butter, sugar, and flour. It has a rich and buttery flavor with a crumbly texture. Shortbread is often served during holidays and special occasions.

Recipe Type: Standard

Prep Time: 15 mins

Cook Time: 20 mins

Total Time: 35 mins

Recipe Yield: 500 grams

Number of Servings: 10

Serving Size: 50 g

Ingredients

250 g	butter
125 g	Sugar
250 g	All-Purpose Flour

Directions

Step 1

Preheating

Preheat the oven to 325°F (160°C).

Prep Time: 5 mins

Cook Time: 0 mins

Step 2

Mixing

In a mixing bowl, cream together the butter and sugar until light and fluffy.

Prep Time: 5 mins

Cook Time: 0 mins

Step 3

Mixing

Gradually add the flour and mix until the dough comes together.

Prep Time: 5 mins

Cook Time: 0 mins

Step 4

Pressing

Press the dough into a greased baking pan and smooth the surface.

Prep Time: 5 mins

Cook Time: 0 mins

Step 5

Baking

Bake for 20 minutes or until lightly golden.

Prep Time: 0 mins

Cook Time: 20 mins

Step 6

Cooling

Remove from the oven and let cool completely before cutting into squares or wedges.

Prep Time: 0 mins

Cook Time: 0 mins

Nutrition Facts

Calories: 200 kcal

Fat: 12 g

Protein: 2 g

Carbohydrates: 20 g

Nutrition Facts

Proteins

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Protein	2 g	11.76%	11.76%

Carbohydrates

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Carbohydrates	20 g	36.36%	40%

Fats

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Fat	12 g	42.86%	48%
Saturated Fat	7 g	31.82%	41.18%
Trans Fat	0 g	N/A	N/A
Cholesterol	30 mg	N/A	N/A

Vitamins

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Vitamin A	6 iu	0.67%	0.86%
Vitamin C	0 mg	0%	0%

Minerals

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Sodium	50 mg	2.17%	2.17%
Calcium	0 mg	0%	0%
Iron	4 mg	50%	22.22%

Recipe Attributes

Events

Christmas

Graduation

Course

Desserts

Salads

Sauces & Dressings

Cost

\$30 to \$40

Demographics

Kids Friendly

Diet

South Beach Diet

Vegetarian Diet

Pescatarian Diet

Cooking Method

Carbonating

Meal Type

Breakfast

Difficulty Level

Easy

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