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# Classic Brownie Sundae ·\*

A classic dessert that combines warm, fudgy brownies with creamy vanilla ice cream, topped with hot fudge sauce, whipped cream, and a cherry on top.

Recipe Type: Standard	Prep Time: 15 mins
Cook Time: 25 mins	Total Time: 40 mins
Recipe Yield: 500 grams	Number of Servings: 4
Serving Size: 125 g	

Ingredients

200 g	brownie mix
2 pieces	Eggs
60 ml	vegetable oil
60 ml	water
400 g	vanilla ice cream
100 g	hot fudge sauce

100 g	whipped cream
4 pieces	Cherry

Directions

## Step 1



Preheat the oven to 350°F (175°C).

Prep Time: 5 mins

Cook Time: 25 mins

## Step 2

### Mixing

In a mixing bowl, combine the brownie mix, eggs, vegetable oil, and water. Stir until well combined.

Prep Time: 5 mins

Cook Time: 0 mins

## Step 3



Pour the brownie batter into a greased baking dish and spread it evenly.

### Prep Time: 2 mins

Cook Time: 25 mins

## Step 4



Bake in the preheated oven for 25 minutes or until a toothpick inserted into the center comes out with a few moist crumbs.

Prep Time: 0 mins

Cook Time: 25 mins

## Step 5

Cooling

Remove the brownies from the oven and let them cool for a few minutes.

Prep Time: 5 mins

Cook Time: 0 mins

## Step 6



Cut the brownies into squares and place each square in a serving bowl.

Prep Time: 2 mins

Cook Time: 0 mins

## Step 7

Serving

Scoop a generous amount of vanilla ice cream onto each brownie square.

Prep Time: 2 mins

Cook Time: 0 mins

## Step 8

#### Serving

Drizzle hot fudge sauce over the ice cream.

Prep Time: 1 mins

Cook Time: 0 mins

## Step 9

Serving

Top with whipped cream and a cherry.

Prep Time: 1 mins

Cook Time: 0 mins

## **Nutrition Facts**

Calories: 400 kcal

Fat: 15 g

Protein: 6g

Carbohydrates: 60 g

## **Nutrition Facts**

## **Proteins**

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Protein	6 g	35.29%	35.29%

## Carbohydrates

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Carbohydrates	60 g	109.09%	120%
Fibers	2 g	5.26%	8%
Sugars	40 g	N/A	N/A
Lactose	0 g	N/A	N/A

## Fats

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
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Monounsaturated Fat	6 g	N/A	N/A
Saturated Fat	8 g	36.36%	47.06%
Fat	15 g	53.57%	60%
Cholesterol	50 mg	N/A	N/A

## Vitamins

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Vitamin A	10 iu	1.11%	1.43%
Vitamin C	0 mg	0%	0%
Vitamin B6	0 mg	0%	0%
Vitamin B12	6 mcg	250%	250%
Vitamin E	4 mg	26.67%	26.67%
Vitamin D	2 mcg	13.33%	13.33%

## Minerals

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Sodium	250 mg	10.87%	10.87%
Calcium	10 mg	1%	1%
Iron	15 mg	187.5%	83.33%
Potassium	200 mg	5.88%	7.69%
Zinc	2 mg	18.18%	25%

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)	
Selenium	2 mcg	3.64%	3.64%	

## **Recipe Attributes**

Events								
Christmas	Easter	Thanksgiv	ving	Birthda	у	Wedding	Halloween	
Valentine's	Day M	lother's Day	Fc	ther's Da	y	New Year	Anniversary	
Baby Showe	er Brid	al Shower	Gra	duation	В	ack to Schoc	Barbecue	Picnic
Game Day								
Cuisines								
Italian Cł	ninese							
Meal Type	2							
Dinner Sr	nack							
Course								
Desserts								
Difficulty	Level							
Easy								

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