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## Mocha Coffee <sup>••</sup>

Mocha coffee is a popular coffee beverage that combines the flavors of coffee and chocolate. It is often enjoyed as a dessert or a special treat. The rich and creamy taste of mocha coffee makes it a favorite among coffee lovers.

**Recipe Type:** Standard

**Prep Time:** 5 mins

**Cook Time:** 5 mins

**Total Time:** 10 mins

**Recipe Yield:** 200 grams

**Number of Servings:** 2

**Serving Size:** 100 g

### Ingredients

20 g	Coffee
10 g	Cocoa Powder
10 g	Sugar
200 ml	milk
20 g	whipped cream

# Directions

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## Step 1

Brew a strong cup of coffee.

**Prep Time:** 2 mins

**Cook Time:** 0 mins

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## Step 2

Stove

In a small saucepan, heat the milk until hot but not boiling.

**Prep Time:** 2 mins

**Cook Time:** 2 mins

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## Step 3

In a mug, combine the brewed coffee, cocoa powder, and sugar. Stir until dissolved.

**Prep Time:** 1 mins

**Cook Time:** 0 mins

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## Step 4

Pour the hot milk over the coffee mixture and stir well.

**Prep Time:** 0 mins

**Cook Time:** 0 mins

## Step 5

Top with whipped cream and sprinkle with cocoa powder.

**Prep Time:** 0 mins

**Cook Time:** 0 mins

## Nutrition Facts

**Calories:** 120 kcal

**Fat:** 2 g

**Protein:** 5 g

**Carbohydrates:** 20 g

## Nutrition Facts

### Proteins

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Protein	5 g	29.41%	29.41%

## Carbohydrates

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Carbohydrates	20 g	36.36%	40%
Fibers	1 g	2.63%	4%
Sugars	17 g	N/A	N/A
Lactose	0 g	N/A	N/A

## Fats

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Monounsaturated Fat	0 g	N/A	N/A
Saturated Fat	1 g	4.55%	5.88%
Fat	2 g	7.14%	8%
Cholesterol	5 mg	N/A	N/A

## Vitamins

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Vitamin A	2 iu	0.22%	0.29%
Vitamin C	0 mg	0%	0%
Vitamin B6	0 mg	0%	0%
Vitamin B12	10 mcg	416.67%	416.67%

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Vitamin E	0 mg	0%	0%
Vitamin D	0 mcg	0%	0%

## Minerals

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Sodium	60 mg	2.61%	2.61%
Calcium	15 mg	1.5%	1.5%
Iron	2 mg	25%	11.11%
Potassium	200 mg	5.88%	7.69%
Zinc	2 mg	18.18%	25%
Selenium	2 mcg	3.64%	3.64%

## Recipe Attributes

### Seasonality

Summer

### Events

Christmas

### Meal Type

Breakfast

Brunch

### Course

Drinks

Snacks

## Cultural

Chinese New Year

## Cost

\$30 to \$40

## Demographics

Kids Friendly

## Diet

Vegan Diet

Pescatarian Diet

Anti-Inflammatory Diet

The Cabbage Soup Diet

The F-Plan Diet

The Israeli Army Diet

The Air Diet

The Negative Calorie Diet

The Best Life Diet

The 3-Day Diet

The CICO (Calories In, Calories Out) Diet

The Eat-Clean Diet

## Difficulty Level

Easy

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