



Healthdor

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Mocha Iced Coffee ♦♦

Mocha Iced Coffee is a refreshing and indulgent beverage that combines the rich flavors of coffee and chocolate. It is typically enjoyed as a cool and creamy treat during hot summer months.

Recipe Type: Standard

Prep Time: 10 mins

Cook Time: N/A

Total Time: 10 mins

Recipe Yield: 500 grams

Number of Servings: 2

Serving Size: 250 g

Ingredients

2 c	Coffee
1 c	milk
2 tbsp	chocolate syrup
2 tbsp	sugar
2 c	ice cubes

4 tbsp whipped cream

2 tbsp chocolate shavings

Directions

Step 1

Brew the coffee and let it cool.

Prep Time: 5 mins

Cook Time: 0 mins

Step 2

Blending

In a blender, combine the cooled coffee, milk, chocolate syrup, and sugar. Blend until well combined.

Prep Time: 2 mins

Cook Time: 0 mins

Step 3

Add ice cubes to serving glasses and pour the blended coffee mixture over the ice.

Prep Time: 1 mins

Cook Time: 0 mins

Step 4

Top with whipped cream and sprinkle with chocolate shavings.

Prep Time: 1 mins

Cook Time: 0 mins

Step 5

Serve immediately and enjoy!

Prep Time: 1 mins

Cook Time: 0 mins

Nutrition Facts

Calories: 150 kcal

Fat: 3 g

Protein: 4 g

Carbohydrates: 28 g

Nutrition Facts

Proteins

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Protein	4 g	23.53%	23.53%

Carbohydrates

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Carbohydrates	28 g	50.91%	56%
Fibers	1 g	2.63%	4%
Sugars	24 g	N/A	N/A
Lactose	0 g	N/A	N/A

Fats

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Monounsaturated Fat	0 g	N/A	N/A
Saturated Fat	2 g	9.09%	11.76%
Fat	3 g	10.71%	12%
Cholesterol	10 mg	N/A	N/A

Vitamins

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Vitamin A	2 iu	0.22%	0.29%

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Vitamin C	0 mg	0%	0%
Vitamin B6	0 mg	0%	0%
Vitamin B12	2 mcg	83.33%	83.33%
Vitamin E	0 mg	0%	0%
Vitamin D	0 mcg	0%	0%

Minerals

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Sodium	70 mg	3.04%	3.04%
Calcium	15 mg	1.5%	1.5%
Iron	2 mg	25%	11.11%
Potassium	200 mg	5.88%	7.69%
Zinc	0 mg	0%	0%
Selenium	0 mcg	0%	0%

Recipe Attributes

Seasonality

Summer

Fall

Events

Christmas

Easter

Thanksgiving

Birthday

Wedding

Halloween

Valentine's Day

Mother's Day

Father's Day

New Year

Anniversary

Baby Shower

Bridal Shower

Graduation

Back to School

Barbecue

Picnic

Course

Drinks

Meal Type

Brunch

Snack

Supper

Difficulty Level

Easy

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