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# Iced Mocha Swirl Latte

The Iced Mocha Swirl Latte is a refreshing and indulgent coffee beverage. It combines the rich flavors of chocolate and coffee with a swirl of creamy milk. This drink is perfect for coffee lovers who enjoy a sweet and cold treat.

Recipe Type: Standard	Prep Time: 10 mins
Cook Time: N/A	Total Time: 10 mins
Recipe Yield: 500 grams	Number of Servings: 2
Serving Size: 250 g	

### Ingredients

2 shots	Espresso
2 tbsp	chocolate syrup
2 c	Milk
2 c	ice cubes
4 tbsp	whipped cream

### Directions

#### Step 1

Brew two shots of espresso and let them cool.

Prep Time: 5 mins

Cook Time: 0 mins

#### Step 2

#### Blending

In a blender, combine the cooled espresso, chocolate syrup, milk, and ice cubes. Blend until smooth.

Prep Time: 2 mins

Cook Time: 0 mins

### Step 3

Pour the mixture into two glasses.

Prep Time: 1 mins

Cook Time: 0 mins

#### Step 4

Top each glass with whipped cream and sprinkle with chocolate shavings.

Prep Time: 2 mins

Cook Time: 0 mins

### Step 5

Serve immediately and enjoy!

Prep Time: 0 mins

Cook Time: 0 mins

## **Nutrition Facts**

Calories: 150 kcal

Fat: 5g

Protein: 8g

Carbohydrates: 20 g

### **Nutrition Facts**

### **Proteins**

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Protein	8 g	47.06%	47.06%

### Carbohydrates

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Carbohydrates	20 g	36.36%	40%
Fibers	1 g	2.63%	4%
Sugars	18 g	N/A	N/A
Lactose	0 g	N/A	N/A

### Fats

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Monounsaturated Fat	0 g	N/A	N/A
Saturated Fat	2 g	9.09%	11.76%
Fat	5 g	17.86%	20%
Cholesterol	10 mg	N/A	N/A

### Vitamins

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Vitamin A	4 iu	0.44%	0.57%

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Vitamin C	0 mg	0%	0%
Vitamin B6	2 mg	153.85%	153.85%
Vitamin B12	6 mcg	250%	250%
Vitamin E	0 mg	0%	0%
Vitamin D	10 mcg	66.67%	66.67%

### Minerals

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Sodium	100 mg	4.35%	4.35%
Calcium	25 mg	2.5%	2.5%
Iron	4 mg	50%	22.22%
Potassium	300 mg	8.82%	11.54%
Zinc	4 mg	36.36%	50%
Selenium	2 mcg	3.64%	3.64%

# **Recipe Attributes**

Events

Christmas

Thanksgiving

Anniversary

Barbecue

### Cuisines

Italian
Meal Type
Breakfast Snack Lunch Dinner
Nutritional Content
High Protein Low Fat High Fiber
Kitchen Tools
Blender
Course
Appetizers Drinks Sauces & Dressings
Cultural
Easter
Cost
\$10 to \$20
Demographics
Kids Friendly Teen Friendly Allergy Friendly
Diet
Vegetarian Diet
Difficulty Level
Easy

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