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Cold Brew Coffee with Cream ♦♦

Cold brew coffee is a refreshing and smooth way to enjoy your daily caffeine fix. This recipe combines the rich flavors of cold brew coffee with a creamy touch of cream. It can be enjoyed any time of the day and is perfect for coffee lovers.

Recipe Type: Standard

Prep Time: 10 mins

Cook Time: N/A

Total Time: 10 mins

Recipe Yield: 500 grams

Number of Servings: 2

Serving Size: 250 g

Ingredients

30 g cold brew coffee

100 ml cream

Directions

Step 1

Pour cold brew coffee into a glass.

Prep Time: 0 mins

Cook Time: 0 mins

Step 2

Add cream to the cold brew coffee.

Prep Time: 0 mins

Cook Time: 0 mins

Step 3

Stirring

Stir well to combine the coffee and cream.

Prep Time: 0 mins

Cook Time: 0 mins

Nutrition Facts

Calories: 150 kcal

Fat: 10 g

Protein: 1 g

Carbohydrates: 10 g

Nutrition Facts

Proteins

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Protein	1 g	5.88%	5.88%

Carbohydrates

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Carbohydrates	10 g	18.18%	20%
Fibers	0 g	0%	0%
Sugars	0 g	N/A	N/A
Lactose	0 g	N/A	N/A

Fats

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Monounsaturated Fat	2 g	N/A	N/A

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Saturated Fat	5 g	22.73%	29.41%
Fat	10 g	35.71%	40%
Cholesterol	20 mg	N/A	N/A

Vitamins

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Vitamin A	2 iu	0.22%	0.29%
Vitamin C	0 mg	0%	0%
Vitamin B6	0 mg	0%	0%
Vitamin B12	2 mcg	83.33%	83.33%
Vitamin E	0 mg	0%	0%
Vitamin D	0 mcg	0%	0%

Minerals

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Sodium	20 mg	0.87%	0.87%
Calcium	4 mg	0.4%	0.4%
Iron	0 mg	0%	0%
Potassium	2 mg	0.06%	0.08%

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Zinc	0 mg	0%	0%
Selenium	0 mcg	0%	0%

Recipe Attributes

Seasonality

Summer

Events

Christmas

Easter

Barbecue

Course

Drinks

Salads

Sauces & Dressings

Cultural

Easter

Demographics

Pregnancy Safe

Allergy Friendly

Heart Healthy

Diet

Vegan Diet

Ovo-Vegetarian Diet

Lacto-Ovo Vegetarian Diet

Low Sodium Diet

The Gerson Therapy

The F-Plan Diet

The Master Cleanse Diet

The 3-Day Diet

The Carnivore Diet

The Starch Solution Diet

Meal Type

Lunch

Supper

Difficulty Level

Easy

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