



Healthdor

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MTO Mock Margarita ♦♦

A non-alcoholic mock margarita recipe that is refreshing and perfect for parties or gatherings. It's a great alternative for those who prefer not to consume alcohol.

Recipe Type: Standard

Prep Time: 10 mins

Cook Time: N/A

Total Time: 10 mins

Recipe Yield: 500 grams

Number of Servings: 5

Serving Size: 100 g

Ingredients

4 oz	Lime juice
2 oz	Orange juice
2 oz	agave syrup
8 oz	club soda
2 c	ice cubes
1 tsp	Salt

Directions

Step 1

Mixing

In a pitcher, combine lime juice, orange juice, and agave syrup.

Prep Time: 5 mins

Cook Time: 0 mins

Step 2

Stirring

Add club soda and stir gently.

Prep Time: 1 mins

Cook Time: 0 mins

Step 3

Preparation

Rim glasses with salt.

Prep Time: 1 mins

Cook Time: 0 mins

Step 4

Preparation

Fill glasses with ice cubes and pour the mock margarita mixture over the ice.

Prep Time: 1 mins

Cook Time: 0 mins

Step 5

Preparation

Garnish with lime slices if desired.

Prep Time: 1 mins

Cook Time: 0 mins

Nutrition Facts

Calories: 120 kcal

Fat: 0 g

Protein: 0 g

Carbohydrates: 31 g

Nutrition Facts

Proteins

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Protein	0 g	0%	0%

Carbohydrates

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Carbohydrates	31 g	56.36%	62%
Fibers	0 g	0%	0%
Sugars	29 g	N/A	N/A
Lactose	0 g	N/A	N/A

Fats

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Monounsaturated Fat	0 g	N/A	N/A
Saturated Fat	0 g	0%	0%
Fat	0 g	0%	0%
Cholesterol	0 mg	N/A	N/A

Vitamins

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
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Vitamin A	2 iu	0.22%	0.29%
Vitamin C	60 mg	66.67%	80%
Vitamin B6	0 mg	0%	0%
Vitamin B12	0 mcg	0%	0%
Vitamin E	0 mg	0%	0%
Vitamin D	0 mcg	0%	0%

Minerals

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Sodium	240 mg	10.43%	10.43%
Calcium	2 mg	0.2%	0.2%
Iron	0 mg	0%	0%
Potassium	20 mg	0.59%	0.77%
Zinc	0 mg	0%	0%
Selenium	0 mcg	0%	0%

Recipe Attributes

Events

Christmas

Barbecue

Course

Drinks

Salads

Snacks

Cultural

Chinese New Year

Cost

Under \$10

Demographics

Kids Friendly

Teen Friendly

Diabetic Friendly

Heart Healthy

Diet

Raw Food Diet

Pescatarian Diet

Anti-Inflammatory Diet

Low Sodium Diet

The Fast Metabolism Diet

Nutrient Timing Diet

The Mayo Clinic Diet

The 3-Day Diet

The CICO (Calories In, Calories Out) Diet

Meal Type

Snack

Difficulty Level

Easy

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