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White Chocolate Krispie Bar ♦♦

The White Chocolate Krispie Bar is a delicious dessert made with white chocolate and crispy rice cereal. It is a popular treat enjoyed by people of all ages. The recipe dates back to the early 20th century and has since become a classic dessert. The White Chocolate Krispie Bar is typically consumed as a sweet snack or dessert.

Recipe Type: Standard

Prep Time: 15 mins

Cook Time: 10 mins

Total Time: 25 mins

Recipe Yield: 500 grams

Number of Servings: 10

Serving Size: 50 g

Ingredients

200 g white chocolate

300 g Crispy rice cereal

Directions

Step 1

Microwaving

Melt the white chocolate in a microwave-safe bowl.

Prep Time: 5 mins

Cook Time: 0 mins

Step 2

Mixing

Add the crispy rice cereal to the melted white chocolate and mix well.

Prep Time: 5 mins

Cook Time: 0 mins

Step 3

Pressing

Pour the mixture into a greased baking dish and press it down evenly.

Prep Time: 5 mins

Cook Time: 0 mins

Step 4

Refrigerating

Refrigerate for 1 hour or until set.

Prep Time: 0 mins

Cook Time: 60 mins

Step 5

Cutting

Cut into bars and serve.

Prep Time: 0 mins

Cook Time: 0 mins

Nutrition Facts

Calories: 200 kcal

Fat: 15 g

Protein: 2 g

Carbohydrates: 15 g

Nutrition Facts

Proteins

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Protein	2 g	11.76%	11.76%

Carbohydrates

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Carbohydrates	15 g	27.27%	30%
Fibers	0 g	0%	0%
Sugars	10 g	N/A	N/A
Lactose	0 g	N/A	N/A

Fats

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Monounsaturated Fat	0 g	N/A	N/A
Saturated Fat	10 g	45.45%	58.82%
Fat	15 g	53.57%	60%
Cholesterol	5 mg	N/A	N/A

Vitamins

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Vitamin A	0 iu	0%	0%

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Vitamin C	0 mg	0%	0%
Vitamin B6	0 mg	0%	0%
Vitamin B12	0 mcg	0%	0%
Vitamin E	0 mg	0%	0%
Vitamin D	0 mcg	0%	0%

Minerals

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Sodium	50 mg	2.17%	2.17%
Calcium	6 mg	0.6%	0.6%
Iron	2 mg	25%	11.11%
Potassium	0 mg	0%	0%
Zinc	0 mg	0%	0%
Selenium	0 mcg	0%	0%

Recipe Attributes

Events

Christmas

Easter

Thanksgiving

New Year

Back to School

Barbecue

Picnic

Game Day

Course

Snacks

Desserts

Drinks

Breads

Sauces & Dressings

Cultural

Halloween

Cost

Under \$10

\$10 to \$20

\$20 to \$30

\$30 to \$40

\$40 to \$50

Over \$50

Meal Type

Snack

Supper

Difficulty Level

Easy

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