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## Sprecher ♦

Sprecher is a traditional German beer recipe that has been enjoyed for centuries. It is a full-bodied, malty beer with a rich caramel flavor and a hint of hops. The beer is fermented at low temperatures for a longer period of time to develop its unique taste. Sprecher is typically consumed in large quantities during festivals and celebrations.

**Recipe Type:** Standard

**Prep Time:** 60 mins

**Cook Time:** 90 mins

**Total Time:** 150 mins

**Recipe Yield:** 500 grams

**Number of Servings:** 10

**Serving Size:** 50 g

## Ingredients

<b>4000 g</b>	Malted Barley
<b>100 g</b>	Hops
<b>20 l</b>	Water
<b>10 g</b>	Yeast

# Directions

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## Step 1

### Mashing

Mash the malted barley in hot water at 67°C for 90 minutes.

**Prep Time:** 30 mins

**Cook Time:** 90 mins

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## Step 2

### Boiling

Boil the wort for 90 minutes, adding hops at different intervals.

**Prep Time:** 0 mins

**Cook Time:** 90 mins

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## Step 3

### Fermenting

Cool the wort and transfer it to a fermentation vessel. Add yeast and ferment at 10°C for 2 weeks.

**Prep Time:** 60 mins

**Cook Time:** 0 mins

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## Step 4

### Bottling

Bottle the beer and let it carbonate for 2 weeks.

**Prep Time:** 0 mins

**Cook Time:** 0 mins

## Nutrition Facts

**Calories:** 150 kcal

**Fat:** 0 g

**Protein:** 2 g

**Carbohydrates:** 30 g

## Nutrition Facts

### Proteins

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Protein	2 g	11.76%	11.76%

### Carbohydrates

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Carbohydrates	30 g	54.55%	60%
Fibers	0 g	0%	0%
Sugars	0 g	N/A	N/A
Lactose	0 g	N/A	N/A

## Fats

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Monounsaturated Fat	0 g	N/A	N/A
Saturated Fat	0 g	0%	0%
Fat	0 g	0%	0%
Cholesterol	0 mg	N/A	N/A

## Vitamins

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Vitamin A	0 iu	0%	0%
Vitamin C	0 mg	0%	0%
Vitamin B6	0 mg	0%	0%
Vitamin B12	0 mcg	0%	0%
Vitamin E	0 mg	0%	0%

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Vitamin D	0 mcg	0%	0%

## Minerals

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Sodium	10 mg	0.43%	0.43%
Calcium	0 mg	0%	0%
Iron	0 mg	0%	0%
Potassium	0 mg	0%	0%
Zinc	0 mg	0%	0%
Selenium	0 mcg	0%	0%

## Recipe Attributes

### Cuisines

Italian Middle Eastern Mexican American

### Kitchen Tools

Slow Cooker Blender Grill

### Nutritional Content

Low Calorie

### Diet

Anti-Inflammatory Diet

## Events

Picnic

Barbecue

## Cultural

Chinese New Year

## Course

Drinks

Desserts

Side Dishes

Salads

Soups

Snacks

Sauces & Dressings

## Preparation Time

More than 1 Hour

## Meal Type

Lunch

Dinner

Snack

## Difficulty Level

Medium

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