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Fresh Brewed Iced Tea ♦♦

Fresh brewed iced tea is a refreshing beverage made by steeping tea leaves in cold water. It is commonly consumed during hot summer days and can be enjoyed plain or with added flavors such as lemon or peach. This recipe provides a simple method to make delicious iced tea at home.

Recipe Type: Standard

Prep Time: 5 mins

Cook Time: N/A

Total Time: 5 mins

Recipe Yield: 200 grams

Number of Servings: 4

Serving Size: 50 g

Ingredients

10 g	Tea Leaves
8 c	water
2 c	ice cubes
4 slices	lemon slices
4 tbsp	sugar

Directions

Step 1

Boiling

Boil water in a kettle.

Prep Time: 2 mins

Cook Time: 0 mins

Step 2

Place tea leaves in a large pitcher.

Prep Time: 0 mins

Cook Time: 0 mins

Step 3

Pour the boiling water over the tea leaves and let it steep for 3-5 minutes.

Prep Time: 5 mins

Cook Time: 0 mins

Step 4

Remove the tea leaves by straining the liquid into another pitcher.

Prep Time: 0 mins

Cook Time: 0 mins

Step 5

Stirring

Add sugar to the tea and stir until dissolved.

Prep Time: 1 mins

Cook Time: 0 mins

Step 6

Stirring

Add ice cubes to the pitcher and stir to cool the tea.

Prep Time: 0 mins

Cook Time: 0 mins

Step 7

Serving

Serve the iced tea in glasses with lemon slices.

Prep Time: 0 mins

Cook Time: 0 mins

Nutrition Facts

Calories: 0 kcal

Fat: 0 g

Protein: 0 g

Carbohydrates: 0 g

Nutrition Facts

Proteins

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Protein	0 g	0%	0%

Carbohydrates

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Carbohydrates	0 g	0%	0%
Fibers	0 g	0%	0%
Sugars	0 g	N/A	N/A
Lactose	0 g	N/A	N/A

Fats

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Monounsaturated Fat	0 g	N/A	N/A
Saturated Fat	0 g	0%	0%
Fat	0 g	0%	0%
Cholesterol	0 mg	N/A	N/A

Vitamins

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Vitamin A	0 iu	0%	0%
Vitamin C	0 mg	0%	0%
Vitamin B6	0 mg	0%	0%
Vitamin B12	0 mcg	0%	0%
Vitamin E	0 mg	0%	0%
Vitamin D	0 mcg	0%	0%

Minerals

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Sodium	0 mg	0%	0%
Calcium	0 mg	0%	0%
Iron	0 mg	0%	0%

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Potassium	0 mg	0%	0%
Zinc	0 mg	0%	0%
Selenium	0 mcg	0%	0%

Recipe Attributes

Seasonality

Summer Fall

Events

Christmas Easter Thanksgiving Barbecue Picnic

Meal Type

Breakfast Lunch Dinner Snack

Course

Drinks Salads Snacks Sauces & Dressings

Cultural

Easter

Cost

Under \$10 \$10 to \$20 \$20 to \$30 \$30 to \$40 \$40 to \$50 Over \$50

Demographics

Kids Friendly

Difficulty Level

Easy

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