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# **Vegan Chocolate Chip Cookies** \*

These vegan chocolate chip cookies are a delicious and cruelty-free alternative to traditional cookies. They are made with plant-based ingredients and are perfect for vegans or those looking to reduce their consumption of animal products. The cookies are soft, chewy, and packed with chocolatey goodness.

Recipe Type: Vegan Prep Time: 15 mins

Cook Time: 10 mins Total Time: 25 mins

Recipe Yield: 500 grams Number of Servings: 20

Serving Size: 25 g

# **Ingredients**

200 g	margarine promise
250 g	All-Purpose Flour
200 g	Brown Sugar
150 g	White sugar
1 tsp	Baking Soda

0.5 tsp	Salt
2 tsp	Vanilla Extract
100 ml	plant-based milk
200 g	vegan chocolate chips

# **Directions**

## Step 1

#### Preheating

Preheat the oven to 350°F (175°C).

Prep Time: 5 mins

Cook Time: 0 mins

## Step 2

## Mixing

In a large mixing bowl, cream together the margarine and sugars until light and fluffy.

Prep Time: 5 mins

Cook Time: 0 mins

# Step 3

Mixing

 $\label{lem:add-decomposition} \mbox{Add the vanilla extract and plant-based milk to the bowl and mix until well combined.}$ 

Prep Time: 2 mins

Cook Time: 0 mins

## Step 4



In a separate bowl, whisk together the flour, baking soda, and salt.

Prep Time: 2 mins

Cook Time: 0 mins

## Step 5



Gradually add the dry ingredients to the wet ingredients and mix until just combined.

Prep Time: 3 mins

Cook Time: 0 mins

## Step 6



Fold in the vegan chocolate chips.

Prep Time: 1 mins

Cook Time: 0 mins

## Step 7

#### **Preparation**

Drop rounded tablespoons of dough onto a baking sheet lined with parchment paper.

Prep Time: 2 mins

Cook Time: 0 mins

## Step 8

#### Baking

Bake for 8-10 minutes, or until the edges are golden brown.

Prep Time: 0 mins

Cook Time: 10 mins

## Step 9

## Cooling

Allow the cookies to cool on the baking sheet for 5 minutes, then transfer them to a wire rack to cool completely.

Prep Time: 0 mins

Cook Time: 0 mins

# **Nutrition Facts**

Calories:	150 kcal
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Fat: 8 g

Protein: 2g

Carbohydrates: 18 g

# **Nutrition Facts**

## **Proteins**

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Protein	2 g	11.76%	11.76%

# Carbohydrates

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Carbohydrates	18 g	32.73%	36%
Fibers	1 g	2.63%	4%
Sugars	10 g	N/A	N/A
Lactose	0 g	N/A	N/A

#### **Fats**

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Monounsaturated Fat	5 g	N/A	N/A
Saturated Fat	2 g	9.09%	11.76%
Fat	8 g	28.57%	32%
Cholesterol	0 mg	N/A	N/A

## **Vitamins**

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Vitamin A	0 iu	0%	0%
Vitamin C	0 mg	0%	0%
Vitamin B6	0 mg	0%	0%
Vitamin B12	0 mcg	0%	0%
Vitamin E	0 mg	0%	0%
Vitamin D	0 mcg	0%	0%

# **Minerals**

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Sodium	100 mg	4.35%	4.35%
Calcium	10 mg	1%	1%
Iron	4 mg	50%	22.22%

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Potassium	60 mg	1.76%	2.31%
Zinc	2 mg	18.18%	25%
Selenium	0 mcg	0%	0%

# **Recipe Attributes**

### **Events**

Christmas Easter Thanksgiving Birthday Wedding Halloween

Valentine's Day Mother's Day Father's Day New Year Anniversary

Baby Shower Bridal Shower Graduation Back to School Barbecue Picnic

Game Day

### Cuisines

Italian Chinese

### Meal Type

Snack Lunch Dinner

#### Difficulty Level

Easy

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