



Healthdor

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Pepsi Recipe

A refreshing beverage made with Pepsi.

Recipe Type: Standard

Prep Time: 5 mins

Cook Time: N/A

Total Time: 5 mins

Recipe Yield: 500 grams

Number of Servings: 5

Serving Size: 100 g

Ingredients

500 ml pepsi

Directions

Step 1

Pour Pepsi into a glass.

Prep Time: 0 mins

Cook Time: 0 mins

Nutrition Facts

Calories: 41 kcal

Fat: 0 g

Protein: 0 g

Carbohydrates: 11 g

Nutrition Facts

Proteins

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Protein	0 g	0%	0%

Carbohydrates

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Carbohydrates	11 g	20%	22%

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Fibers	0 g	0%	0%
Sugars	11 g	N/A	N/A
Lactose	0 g	N/A	N/A

Fats

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Monounsaturated Fat	0 g	N/A	N/A
Saturated Fat	0 g	0%	0%
Fat	0 g	0%	0%
Cholesterol	0 mg	N/A	N/A

Vitamins

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Vitamin A	0 iu	0%	0%
Vitamin C	0 mg	0%	0%
Vitamin B6	0 mg	0%	0%
Vitamin B12	0 mcg	0%	0%
Vitamin E	0 mg	0%	0%
Vitamin D	0 mcg	0%	0%

Minerals

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Sodium	10 mg	0.43%	0.43%
Calcium	0 mg	0%	0%
Iron	0 mg	0%	0%
Potassium	0 mg	0%	0%
Zinc	0 mg	0%	0%
Selenium	0 mcg	0%	0%

Recipe Attributes

Course

Drinks Sauces & Dressings

Cultural

Easter

Cost

\$10 to \$20

Demographics

Heart Healthy

Diet

Mediterranean Diet Vegan Diet Ovo-Vegetarian Diet
Lacto-Ovo Vegetarian Diet The Cabbage Soup Diet The Hallelujah Diet
The Mayo Clinic Diet The Beverly Hills Diet The Hollywood Diet

The Lemonade Diet

The Grapefruit Diet

The Rice Diet

The French Women Don't Get Fat Diet

The Israeli Army Diet

The Werewolf Diet

Meal Type

Snack

Supper

Difficulty Level

Easy

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