



Healthdor

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## Cosmopolitan ••

The Cosmopolitan is a classic cocktail made with vodka, cranberry juice, lime juice, and triple sec. It is a popular drink known for its vibrant pink color and refreshing taste. The Cosmopolitan is often enjoyed at cocktail parties and is a favorite among vodka enthusiasts.

**Recipe Type:** Standard

**Prep Time:** 5 mins

**Cook Time:** N/A

**Total Time:** 5 mins

**Recipe Yield:** 150 grams

**Number of Servings:** 1

**Serving Size:** 150 g

### Ingredients

<b>1.5 oz</b>	vodka
<b>1 oz</b>	cranberry juice
<b>0.5 ounce</b>	lime juice
<b>0.5 ounce</b>	triple sec

# Directions

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## Step 1

Fill a cocktail shaker with ice.

**Prep Time:** 1 mins

**Cook Time:** 0 mins

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## Step 2

Add vodka, cranberry juice, lime juice, and triple sec to the shaker.

**Prep Time:** 1 mins

**Cook Time:** 0 mins

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## Step 3

**Shaking**

Shake vigorously for 10-15 seconds.

**Prep Time:** 1 mins

**Cook Time:** 0 mins

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## Step 4

**Straining**

Strain the cocktail into a chilled martini glass.

**Prep Time:** 1 mins

**Cook Time:** 0 mins

## Step 5

Garnish with a lime twist or cranberries, if desired.

**Prep Time:** 1 mins

**Cook Time:** 0 mins

## Nutrition Facts

**Calories:** 150 kcal

**Fat:** 0 g

**Protein:** 0 g

**Carbohydrates:** 6 g

## Nutrition Facts

### Proteins

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
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Protein	0 g	0%	0%
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## Carbohydrates

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Carbohydrates	6 g	10.91%	12%
Fibers	0 g	0%	0%
Sugars	5 g	N/A	N/A
Lactose	0 g	N/A	N/A

## Fats

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Monounsaturated Fat	0 g	N/A	N/A
Saturated Fat	0 g	0%	0%
Fat	0 g	0%	0%
Cholesterol	0 mg	N/A	N/A

## Vitamins

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Vitamin A	0 iu	0%	0%
Vitamin C	15 mg	16.67%	20%

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Vitamin B6	0 mg	0%	0%
Vitamin B12	0 mcg	0%	0%
Vitamin E	0 mg	0%	0%
Vitamin D	0 mcg	0%	0%

## Minerals

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Sodium	0 mg	0%	0%
Calcium	0 mg	0%	0%
Iron	0 mg	0%	0%
Potassium	0 mg	0%	0%
Zinc	0 mg	0%	0%
Selenium	0 mcg	0%	0%

## Recipe Attributes

### Seasonality

Spring Summer

### Events

Christmas Thanksgiving Halloween Valentine's Day Anniversary  
Barbecue Picnic Game Day

## Cuisines

American

## Course

Appetizers

Drinks

Sauces & Dressings

## Cultural

Diwali

Halloween

## Cost

Under \$10

## Demographics

Senior Friendly

Teen Friendly

Diabetic Friendly

## Meal Type

Lunch

Dinner

Snack

## Difficulty Level

Easy

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