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Butterscotch Sauce ♦♦

A rich and creamy sauce made with butter, brown sugar, and vanilla. Perfect for drizzling over desserts like ice cream, cakes, and pies.

Recipe Type: Standard

Prep Time: 5 mins

Cook Time: 10 mins

Total Time: 15 mins

Recipe Yield: 300 grams

Number of Servings: 10

Serving Size: 30 g

Ingredients

100 g	Butter
200 g	brown sugar
2 tsp	Vanilla Extract
1 tsp	Salt
250 ml	heavy cream

Directions

Step 1

Stove

In a saucepan, melt the butter over medium heat.

Prep Time: 2 mins

Cook Time: 3 mins

Step 2

Stove

Add the brown sugar, vanilla extract, and salt to the saucepan. Stir until the sugar has dissolved.

Prep Time: 1 mins

Cook Time: 3 mins

Step 3

Stove

Slowly pour in the heavy cream while stirring constantly. Cook for another 3-4 minutes until the sauce thickens.

Prep Time: 1 mins

Cook Time: 4 mins

Step 4

Remove from heat and let the sauce cool for a few minutes before serving.

Prep Time: 0 mins

Cook Time: 0 mins

Nutrition Facts

Calories: 400 kcal

Fat: 30 g

Protein: 2 g

Carbohydrates: 40 g

Nutrition Facts

Proteins

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Protein	2 g	11.76%	11.76%

Carbohydrates

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Carbohydrates	40 g	72.73%	80%
Fibers	0 g	0%	0%
Sugars	30 g	N/A	N/A
Lactose	0 g	N/A	N/A

Fats

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Monounsaturated Fat	10 g	N/A	N/A
Saturated Fat	20 g	90.91%	117.65%
Fat	30 g	107.14%	120%
Cholesterol	80 mg	N/A	N/A

Vitamins

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Vitamin A	100 iu	11.11%	14.29%
Vitamin C	0 mg	0%	0%
Vitamin B6	0 mg	0%	0%
Vitamin B12	0 mcg	0%	0%
Vitamin E	0 mg	0%	0%

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Vitamin D	0 mcg	0%	0%

Minerals

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Sodium	100 mg	4.35%	4.35%
Calcium	50 mg	5%	5%
Iron	1 mg	12.5%	5.56%
Potassium	50 mg	1.47%	1.92%
Zinc	0 mg	0%	0%
Selenium	0 mcg	0%	0%

Recipe Attributes

Events

Christmas

Course

Desserts

Sauces & Dressings

Cultural

Hanukkah

Oktoberfest

Christmas

Demographics

Senior Friendly

Diabetic Friendly

Heart Healthy

Diet

Paleo Diet

The Whole30 Diet

Zone Diet

Vegan Diet

Raw Food Diet

Ovo-Vegetarian Diet

Lacto-Ovo Vegetarian Diet

Blood Type Diet

The Acid Reflux Diet

Gluten-Free Diet

The Fast Metabolism Diet

Meal Type

Brunch

Snack

Difficulty Level

Easy

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