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Buttermilk Ranch Dressing ♦♦

A creamy and tangy dressing perfect for salads, dipping, and more.

Recipe Type: Standard

Prep Time: 10 mins

Cook Time: N/A

Total Time: 10 mins

Recipe Yield: 200 grams

Number of Servings: 10

Serving Size: 20 g

Ingredients

1 c	Buttermilk
1 c	mayonnaise
1 c	sour cream
1 tsp	Garlic powder
1 tsp	Onion powder
1 tsp	Dried Dill
1 tsp	Dried Parsley

1 tsp	Salt
1 tsp	Black pepper

Directions

Step 1

Mixing

In a bowl, whisk together the buttermilk, mayonnaise, and sour cream until well combined.

Prep Time: 5 mins

Cook Time: 0 mins

Step 2

Stirring

Add the garlic powder, onion powder, dried dill, dried parsley, salt, and black pepper. Stir well.

Prep Time: 2 mins

Cook Time: 0 mins

Step 3

Refrigerating

Refrigerate for at least 1 hour before serving to allow the flavors to meld together.

Prep Time: 0 mins

Cook Time: 60 mins

Nutrition Facts

Calories: 110 kcal

Fat: 10 g

Protein: 1 g

Carbohydrates: 3 g

Nutrition Facts

Proteins

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Protein	1 g	5.88%	5.88%

Carbohydrates

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Carbohydrates	3 g	5.45%	6%

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Fibers	0 g	0%	0%
Sugars	2 g	N/A	N/A
Lactose	0 g	N/A	N/A

Fats

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Monounsaturated Fat	3 g	N/A	N/A
Saturated Fat	4 g	18.18%	23.53%
Fat	10 g	35.71%	40%
Cholesterol	10 mg	N/A	N/A

Vitamins

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Vitamin A	250 iu	27.78%	35.71%
Vitamin C	0 mg	0%	0%
Vitamin B6	0 mg	0%	0%
Vitamin B12	0 mcg	0%	0%
Vitamin E	0 mg	0%	0%
Vitamin D	0 mcg	0%	0%

Minerals

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Sodium	250 mg	10.87%	10.87%
Calcium	40 mg	4%	4%
Iron	0 mg	0%	0%
Potassium	60 mg	1.76%	2.31%
Zinc	0 mg	0%	0%
Selenium	0 mcg	0%	0%

Recipe Attributes

Events

Christmas Thanksgiving Picnic

Course

Sauces & Dressings

Cultural

Chinese New Year Diwali Christmas

Demographics

Teen Friendly Diabetic Friendly Heart Healthy

Diet

Mediterranean Diet Vegetarian Diet Vegan Diet Lacto-Ovo Vegetarian Diet
Gluten-Free Diet Nutrient Timing Diet The Beverly Hills Diet The F-Plan Diet
The Israeli Army Diet The PCOS (Polycystic Ovary Syndrome) Diet

Meal Type

Lunch

Dinner

Snack

Supper

Difficulty Level

Easy

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