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## Barq's Root Beer Recipe

A delicious and refreshing root beer recipe made with Barq's Root Beer. This recipe has a rich history and is loved by root beer enthusiasts all over the world. It can be enjoyed on its own or used as a base for root beer floats and other root beer-inspired desserts.

**Recipe Type:** Standard

**Prep Time:** 5 mins

**Cook Time:** N/A

**Total Time:** 5 mins

**Recipe Yield:** 1000 grams

**Number of Servings:** 4

**Serving Size:** 250 g

### Ingredients

1000 ml barq's root beer

### Directions

## Step 1

### Refrigerating

Chill Barq's Root Beer in the refrigerator for at least 1 hour.

**Prep Time:** 60 mins

**Cook Time:** 0 mins

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## Step 2

Pour Barq's Root Beer into a glass or mug.

**Prep Time:** 0 mins

**Cook Time:** 0 mins

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## Step 3

### Serving

Serve and enjoy!

**Prep Time:** 0 mins

**Cook Time:** 0 mins

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## Nutrition Facts

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**Calories:** 150 kcal

**Fat: 0 g**

**Protein: 0 g**

**Carbohydrates: 39 g**

## Nutrition Facts

### Proteins

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Protein	0 g	0%	0%

### Carbohydrates

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Carbohydrates	39 g	70.91%	78%
Fibers	0 g	0%	0%
Sugars	39 g	N/A	N/A
Lactose	0 g	N/A	N/A

### Fats

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
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Monounsaturated Fat	0 g	N/A	N/A
Saturated Fat	0 g	0%	0%
Fat	0 g	0%	0%
Cholesterol	0 mg	N/A	N/A

## Vitamins

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Vitamin A	0 iu	0%	0%
Vitamin C	0 mg	0%	0%
Vitamin B6	0 mg	0%	0%
Vitamin B12	0 mcg	0%	0%
Vitamin E	0 mg	0%	0%
Vitamin D	0 mcg	0%	0%

## Minerals

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Sodium	60 mg	2.61%	2.61%
Calcium	0 mg	0%	0%
Iron	0 mg	0%	0%
Potassium	0 mg	0%	0%
Zinc	0 mg	0%	0%

Nutrient	Value	% Daily Intake (Males)	% Daily Intake (Females)
Selenium	0 mcg	0%	0%

## Recipe Attributes

### Events

Christmas Barbecue

### Course

Drinks Sauces & Dressings

### Cultural

Christmas Halloween

### Cost

Under \$10

### Demographics

Teen Friendly

### Diet

Paleo Diet Vegetarian Diet Ovo-Vegetarian Diet The F-Plan Diet

The Master Cleanse Diet The Subway Diet The 3-Day Diet

The CICO (Calories In, Calories Out) Diet The Peanut Butter Diet

The SIBO (Small Intestinal Bacterial Overgrowth) Diet

The Epilepsy Diet (Modified Atkins Diet for Seizures) The Low-Protein Diet

### Meal Type

Lunch Snack Supper

### Difficulty Level

Easy

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